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Your essential daily news | WEEKEND, OCTOBER 7-10, 2016

Myra Crow Chief, wife of Ben Crow Chief, sits inside the teepee in their blockade on the Siksika Nation.

JENNIFER FRIESSEN/FOR METRO



## BESET AT BLOCKADE

Siksika Nation member sued by own people **metroNEWS**

DAY 5 OF OUR SERIES ON CAMPUS SEX ASSAULT 'IT'S RIDICULOUS NOBODY'S STEPPING UP' **metroNEWS**

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But Michael Parker, president of the Health Sciences Association of Alberta — a union for health-care professionals — said AHS has been adding minimal resources to EMS over the last six to seven years.

"We can't keep up," Parker said. "There aren't enough ambulances on the road to help patients in need."

For instance, he said, Edmonton has seen only two ambulances added to its fleet since 2012.

Darren Sandbeck, AHS chief paramedic, acknowledged the challenges.

However, he said it could be better for AHS to invest in community paramedic resources so that patients can potentially stay at home, rather than be driven to hospital.

Other investments could include traditional ambulances and non-ambulance transport vehicles — which move patients more frequently and efficiently than regular ambulances.

Those investments will be identified in the AHS' planning process, Sandbeck said.

"We're in a constant state of improvement," he said.

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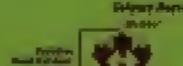
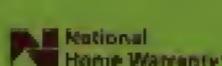
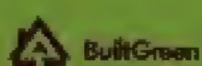
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Metro is back on Tuesday. Happy Thanksgiving!

# metronews

Your essential daily news

RCMP boss apologizes to current and former female officers subjected to harassment. **Canada**



## People split on pay raises, poll says

### Alberta's minimum wage **DISLIKE-O-METER**

ThinkHQ asked Albertans their thoughts on how the minimum wage hike would affect certain groups. Respondents believed it would help students and low-income and vulnerable citizens, but would hurt the economy, employment and small business. The majority of respondents said it would not affect them or large businesses.

#### A GOOD THING

#### A BAD THING

##### Lower-income Albertans

59% 22%

##### Students in Alberta

58% 23%

##### Vulnerable Albertans

48% 30%

##### The Alberta Economy Overall

31% 48%

##### Employment in Alberta

25% 51%

##### Large businesses

17% 30%

##### You personally\*

15% 22% \*57% No impact

##### Small Businesses

14% 72%

**metronews EXCLUSIVE**

### Most surveyed doubt minimum wage will affect them directly



**Jeremy Simes**

For Metro | Calgary

Support for the NDP government's minimum wage hike is virtually an even split, according to an exclusive poll, making this weekend's Thanksgiving dinner talk all the more interesting.

On Thursday, a ThinkHQ/Metro survey showed 49 per cent of Albertans approve of the wage hike, while 47 per cent disapprove it. Three per cent are unsure.

Marc Henry, ThinkHQ president, said minimum wage increases resonate well with the NDP's base.

"Is this going to hurt them in the next election? Nah," Henry said. "This is something that will energize their base."

The survey also shows more than half of Albertans (57 per cent) think minimum wage increases won't have an impact on them personally.

However, the poll shows 51 per cent think the hikes will have a negative impact on employment and 72 per cent believe they'll have a negative impact on employment.

University of Calgary economist

Trevor Tombe said people's concerns over employment and small businesses are valid.

He said it's not obvious there will be large losses, yet it's unclear whether the losses will be small.

"Should we expect large losses, they will be on teenagers and young adults," he said.

On the flip side, the survey showed 59 per cent, 58 per cent and 48 per cent of Albertans said they think the hikes will be positive for lower income people, students and the vulnerable, respectively.

Henry said people wanting to help lower income Albertans, students and the vulnerable is driving support.

"They think this will be good for them," he said.

At 63 per cent, Edmonton is most happy with wage increases, the poll shows, while Calgary's approval rating of the hikes is 48 per cent.

Small urban centres have the highest disapproval rating of 54 per cent while rural areas disapprove it at 50 per cent.

The panel surveyed 1,315 people between Sept. 26 and Oct. 2, 2016. It was weighted to reflect gender, age and regions of Alberta population according to Statistics Canada.

This online survey utilizes a representative but non-random sample, therefore margin of error is not applicable. However, a probability sample of this size would yield a margin of error of  $\pm 2.7$  percentage points at a 95 per cent confidence interval.

You can join the Voice of Alberta panel by visiting [voiceofalberta.com](http://voiceofalberta.com).

**66** Is this going to hurt them in the next election? Nah. This is something that will energize their base.

Marc Henry, ThinkHQ president, on the NDP government

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# How did we get underground?

TRANSIT

## Why the city decided to pick a pricey tunnel for Green Line

**Helen Pike**  
Metro | Calgary

An in-principle approval for the underground alignment through Calgary's downtown gives Jon Lea and his Green Line team more wiggle room.

Now that council has decided — contingent on funding — that they like the underground alignment for the downtown Green Line connection, it's time to refine their design so it's ready should the cash come in.

As it stands, the only guaranteed money the City of Calgary has secured for the Green Line is \$1.53 billion set aside by council to accrue over the next 30 years. What's left of the estimated \$4.5 to \$5 billion project is a promise for one-third of the costs to be covered by the federal government and a big fat question mark from the province.

"We're making sure we have the planning, design and public engagement work completed so that when the funding guidelines do come into place we're ready to go," said Lea. "We don't want to be the bottleneck."

The downtown section of the Green Line, along with the Beltline and other sections in the city's core, are complex because, as Lea puts it, moving buildings is hard. "It's more difficult because there's a tight urban context. You've got existing structures, often very tall ones...and very invested stakeholders," said Lea.

The Green Line team is moving on to more consultation for the Beltline alignment before they come to committee with another update in December.



METRO FILE

## Economic analysis 2

With an elevated line, downtown property values could have been impacted. In a study, the city found that businesses along the core alignment would experience up to \$160 million in property value loss. The at-grade option and underground option had no effect on property value.

## 1 Future growth

The underground option scored high in helping Calgary maintain its economic engine — that's the downtown core. Underground provides opportunities for retail spaces that you see in cities like Toronto and Montreal. It was also the top contender for saving the most parking spaces in the core.



CITY OF CALGARY

## 3 Environment and well-being

The underground option was seen to have the least impact on downtown as we know it. The public, in particular, had major concerns over a bridge crossing above Prince's Island Park.



CITY OF CALGARY

## 4 Geographic constraints

It takes a lot to get a train up and over the Bow River. The elevation change from the top of Centre Street over the Bow River, and having to go either over or under the CP rail tracks forced the city's hand.



CREATIVE COMMONS

## 6 Network reliability

If you take away the at-grade crossings, reliability gets better. The Green Line team found that an underground option would have no effect on traffic, pedestrian accessibility and connectivity. It would also be safer for both the CTrains and cars to cut down on at-grade crossings.

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**October 11, 2016**

5:30 - 8:30 p.m.

**Calgary Elks Lodge & Golf Club**

Dining Room

2502 - 6 Street N.E.

Calgary, AB

**October 12, 2016**

5:30 - 8:30 p.m.

**Carriage House Inn**

Windsor Ballroom

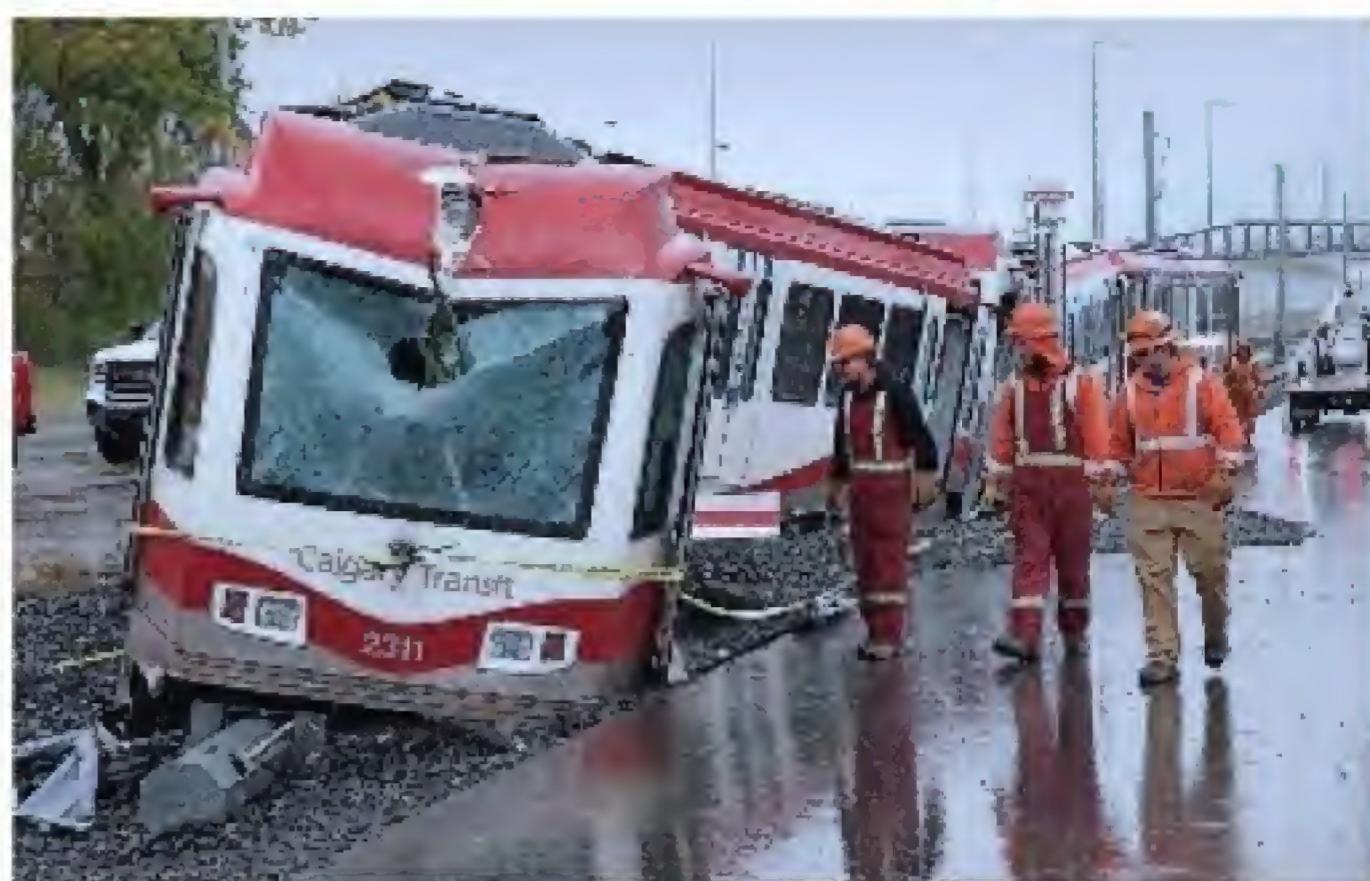
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Learn more about Calgary's proposed City Charter at [calgary.ca/citycharter](http://calgary.ca/citycharter).

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An initial investigation has concluded that a September derailment at the Tuscany LRT station was likely caused by human error. Only the driver sustained injuries. THE CANADIAN PRESS FILE PHOTO

## Driver error behind CTrain derailment

### INVESTIGATION

**Train 'working as designed' at time of crash: Transit director**



**Helen Pike**  
Metro | Calgary

Driver error was the cause of last month's Tuscany LRT derailment, with all infrastructure functioning normally.

That's the conclusion of Calgary Transit's initial investigation into what sent a three-car CTrain off the tracks, injuring the female driver.

Only two passengers were onboard the train, and they were checked and cleared by EMS.

The accident happened on Sept. 20 at approximately 7 a.m., when the CTrain overshot the Tuscany platform, sliding across the gravel past the end

of the track.

Doug Morgan, director of Calgary Transit, said the driver is out of the hospital and recovering at home.

"We confirm that the infrastructure and the train were working as designed," said Morgan. "The derailment was caused by the operation of the train. The operator made the decision and that's the initial outcome of investigation."

Transit reviewed a host of evidence, including videos of the incident and the contents of the train's black box.

According to Morgan, the trains are equipped with safety measures that would stop the LRT if an operator lost consciousness — the trains don't operate on an auto pilot and need humans to power forward.

Morgan said that Calgary Transit will be looking at all Tuscany station operations and decide if they need to make any improvements to prevent a similar incident.



**We can't come up with a reason why this happened.**

Doug Morgan

"We can't come up with a reason why this happened," said Morgan. He added that so far, transit has only been able to do a brief initial interview with the operator and that once she's healthy, another interview will tell him more.

Morgan said from the initial interview it's clear that the operator doesn't remember the time leading up to and after the derailment.

The train cars were crane-lifted from the rocks — one car, which was declared a write-off by fleet manager Russell Davies, had to be cut in half. It was six or seven years old and valued between \$3.5 and \$4.5 million.

### HURRICANE MATTHEW

## Calgary Haitian community sending \$20K for relief effort



**Brodie Thomas**  
Metro | Calgary

The Calgary Haitian community is trying to get help to friends and family in the wake of Hurricane Matthew.

Philippe Pierre Pierre, president of the Haitian Association of Calgary, said the executive voted to send

\$20,000 from the group's funds to Haitian relief organizations at a meeting Wednesday night.

"The decision is easy — it's just to finish the paperwork that is difficult," said Pierre Pierre.

He said they were rushing to jump through the necessary hoops before the long weekend. From what he and others could gather from friends and

family, the biggest immediate needs were for food and water.

"You have all your people doing farming — so food is going to be a big problem, and also clean water because when you have a flood, all the major sources of water are dirty."

Media reports on Thursday night said the death toll in Haiti from Hurricane Matthew had climbed to 283.



# DO YOU HAVE TATTOO REGRET?

## Removing tattoos just got faster with PICOSURE... The FASTEST tattoo removal in the world!

With the recent surge in popularity of tattoos and the advancements in tattoo artistry, more and more people are getting tattoos. People get tattoos for many reasons, sometimes after much thought and planning, at other times on the spur-of-the-moment. The expectation for most is that they will love their tattoo and that they will love it forever. Unfortunately that is not always the case. If you have a tattoo that just isn't you, and you want it off, there is good news. Removing tattoos just got faster!

### HOW DOES LASER TATTOO REMOVAL WORK?

The ink used in tattoos is made from minerals. To understand how tattoo removal works think of the ink as tiny "rocks." With multiple treatments, the "rocks" are broken down into smaller and smaller "pebbles."

The number of treatments required to get a tattoo off varies greatly based on factors such as the age of the tattoo, whether it was applied by a professional or not, the depth and concentration of ink, the number of colours, the type of laser used, and the technique used to perform the treatments.

Traditional lasers used for tattoo removal are called Q-Switches. These nano-second lasers predominantly rely on photothermal action and deliver heat into the pigment and surrounding tissue. A minimum of 6 treatments and upwards of 15 or 20 are required. Complete clearance of ink is an unlikelihood if the tattoo has multiple colours. Scarring is not only possible but probable. The risk of scarring from Q-Switch treatments is heightened by treatment methods that involve multiple passes in the same session.

### NOW THERE IS A NEW LASER... PICOSURE!

Now there is a new pico-second laser that operates at speeds measured in trillions of a second! This breakthrough technology, known as Picosure, has opened up a whole new realm of possibilities for the use and effectiveness of lasers including faster clearance of tattoo ink. Picosure uses

pressure-wave technology that creates an intense mechanical impact that shatters the ink into tiny particles. The "rocks" are not reduced to "pebbles," but instead become "sand."

### WHY SETTLE FOR SLOW?

Tattoos are cleared in fewer treatments, with less energy, and without injuring the surrounding skin. Another indication for Picosure is scar revision. Thus, it has proven effective at removing previously treated tattoos that became impacted in scar tissue and failed to clear after multiple Q-switch treatments. Healing time after a Picosure treatment is similar to that of traditional lasers but far fewer treatments are required. Greens and blues which are notoriously difficult to remove with Q-switch lasers come off easily with Picosure. We have witnessed complete clearance of green and light blue ink in 1 to 3 treatments. Black, dark blue and other colours fade more slowly and may require 3 to 5 (occasionally more) treatments. Red and white will fade much slower than other colours. Pigment will diminish gradually over a period of 6-8 weeks. Treatment may then be repeated.

### TATTOO COVER-UPS?

*To fade or not to fade...*

Tattoo shows such as Tattoo Nightmares and Ink Masters give people a false impression that tattoos can easily be covered up with other tattoos. Finding an artist with the confidence and skill to cover up something like large black tribal with a beautiful modern image is rare. Trying to cover any tattoo limits the possibilities for new art because you have to work around the tattoo you already have. Fading the old tattoo first with a few Picosure treatments allows you to clear the canvas and truly create something that reflects your personality and tastes. For those who cover up without fading first, more often than not what is created is worse than what they started with. The words I hear often are "It looks like a big blob." To add insult to injury, the fresh thick ink of a cover-up is far more difficult to remove than the old, faded ink they covered, would have been.

### HOW MUCH WILL IT COST?

The cost for a Picosure treatment is higher per square inch of ink than that of traditional lasers, but the total cost to remove the tattoo will be lower. Fewer treatments, faster recovery time and greater results are achievable. Picosure delivers faster and better clearance at a lower overall cost!

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## DIAGNOSTIC SERVICES

# Health minister defends lab takeover

Health Minister Sarah Hoffman is encouraging the Wildrose do a bit more research, after the opposition released data that, according to them, shows private lab services are more cost effective.

On Thursday, the Wildrose released data, obtained through Freedom of Information, that shows private lab providers cost only 22.6 percent of total services while making up 25.2 per cent of

procedures.

On the flip side, the Wildrose found payments for all public delivery took up 77.4 per cent of costs while providing 74.8 per cent of procedures.

But according to the government, public tests are more complex, meaning they cost more than private services that conduct simpler tests.

The data comes on the heels of the government's plans to

see Alberta Health Services (AHS) take over Dynalife labs in Edmonton in 2022.

Minister Hoffman noted a recent Health Quality Council of Alberta report that concluded the province develop an integrated provincial plan for laboratory service delivery.

She said there are savings to be had with publicly integrated lab services.

"We can reduce duplication of services by having an inte-

grated province-wide system, and the use the equipment to its fullest capacity," she said. "I think that's going to be very positive."

However, Wildrose Health Critic Drew Barnes said the NDP is basing decisions on ideology.

"So far, the NDP's plan for this file has been heavy on rhetoric and light on substantive details," Barnes said.

JEREMY SIMES/METRO



Municipal Affairs Minister Danielle Larivee defended the debit card program, saying it was fast and efficient.

CONTRIBUTED/GOVERNMENT OF ALBERTA

# Wildrose blasts relief overhead

## FORT MCMURRAY AFTERMATH

## E-transfers more cost effective: Opposition

**\$2 million**

The administrative cost for the provincial government to distribute \$100 million in relief to Fort McMurray evacuees, in addition to \$470,000 in vendor fees and \$350,000 in rental space

so the province wanted to get money quickly into the hands of evacuees.

"We also knew that the Red Cross would be using e-transfers, so together we were able to ensure all evacuees received help as fast as possible," Larivee said. "We are proud of the speed and efficiency with which we were able to distribute these cards to the people who needed them."

However, Wildrose Economic Development and Trade Critic Prasad Panda said he hopes the government learns from the Fort McMurray evacuation.

"We could have spent some of the administration costs on something else," he said. "We could've minimized expenses. I understand not everyone has online banking, but we could've made exceptions so they could get help."

The government also spent \$1.07 million on staff time and overtime for 500 workers, and \$165,000 on sheriff costs.

In the \$100 million relief program, the government spent more than \$95 million on debit cards, \$3.6 million on money grams and \$240,500 on cheques.

She said not everyone in Alberta has online banking,

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**Ben Crow-Chief stokes a fire inside the teepee that he erected on Siksika Nation to protest new housing construction.**

JENNIFER FRIESEN/FOR METRO

# Siksika Nation man sued over blockade

## INDIGENOUS ISSUES

### Teepee built in protest over permanent housing plan



**Mathew Silver**

For Metro | Calgary

Ben Crow Chief has been living in a teepee blockade on the Siksika Nation reserve for the past 337 days. Now he's being sued.

The Chief and Council are taking Crow Chief to court for blocking the construction of permanent housing on the reserve, and jeopardizing the Nation's contract to rebuild the community after the 2013 Alberta floods.

Crow Chief erected the blockade last year to prevent Whissel Contracting Ltd. from continuing the project, because he felt that residents weren't consulted beforehand. He also said the

Chief and Council have been negligent with their allocation of the flood relief funds.

"It's convenience for (the Nation), but for us, we have to spend the rest of our lives in these homes," said Crow Chief, who would like the residents to have input. "They just don't want to be held accountable (for their spending). They're just trying to use the people's funding to cover themselves up."

The province has committed approximately \$45 million to the Siksika Nation's flood recovery efforts, with more than \$14 million being put toward the rebuild of homes in the Cluny Subdivision, where Crow Chief is protesting. However, the funding will only be available should all rebuilding efforts be completed by March 31, 2018.

That's why the Chief and Council have filed for an injunction prohibiting Crow Chief and other protesters from delaying the project. They are also seeking damages in excess of

\$500,000, which would cover the cost of the delay in construction.

Crow Chief finds it outrageous that his own people are suing him, especially since all legal fees are being pulled from the Nation's coffers. He chalked this up to another misuse of funds.

Ben's sister, Lillian Crow Chief, said that her brother is fighting to protect their Treaty 7 rights.

"What he's doing — it's not for money, it's not for fame, or for him to gain anything. He's doing this out of compassion for the other flood evacuees," she said.

Vincent Yellow Old Woman, Chief of the Siksika Nation, was in Ottawa meeting with the Minister of Aboriginal Affairs and unavailable for comment.

The matter will be heard in a Calgary court on Friday morning.

## + COMMUNITY

The Siksika is a First Nation that has approximately 6,000 members. Its reserve is located near the town of Gleichen, AB. The reserve was devastated by the 2013 Alberta floods, and the Alberta Social Housing Corporation committee put \$14,677,355 toward the rebuild of homes in the Cluny Subdivision.

The province will only make funding available to Siksika Nation provided that all rebuilding efforts are completed by March 31, 2018. The province has been clear that further funding will not be approved beyond that date. Chief and Council have filed for an injunction that would allow them to build and meet this deadline.

Designer: Jorsten Kettul, The Fashion Institute, Olds College  
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# Video that led to charges won't go public

## POLICE

## Executive officers shown video during investigation

**Lucie Edwardson**  
Metro | Calgary

Members of the Calgary police

service viewed a controversial video that depicted an incident that led to three CPS officers being charged with assault and mischief — just days before the charges were sworn.

The CPS said, however, that the video will not be made available for public eyes until after legal proceedings have ended.

"Staff sergeants and inspectors viewed the video to create a conversation and learning opportunity," said Michael Nunn,

spokesman for CPS.

The Alberta Serious Incident Response Team (ASIRT) began investigating the incident after it was learned a man had suffered a serious injury during an arrest on July 30, 2016.

On Wednesday, Chief Roger Chaffin said transparency is key to public confidence in the force, but said it was important the charged officers were given their day in court.

"As soon as we turn the in-

vestigation over to ASIRT all evidence is theirs" said Chaffin.

Nunn said showing the officers the video doesn't jeopardize the investigation in the same way as showing members of the public would.

"The risk is that a member of the public could end up on a jury," he said. "The officers shown the video will not end up on a jury and are not a part of the ongoing internal investigation."

Officers told Metro the meeting where the video was screened was scheduled for nearly two months, and said that multiple videos were shown as a way to talk to officers in management about learning moments and performance reviews.

"It was an opportunity for senior members to get a feeling for what had gone on and have a discussion to see if any lessons could be learned from it," said Nunn.

One source told Metro that although only senior officers viewed the video, they're now talking about it with other officers — something they said is also dangerous.

"Fact is that it was a video being used in an investigation where they knew charges were being laid and they risked leaks," they said. "They all know what excessive force is. I'm curious as to the learning objective."

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Premier Rachel Notley says spending priority will be given to health and education. METRO FILE

## MUNICIPALITIES

## No funding for new projects: Premier

Alberta's premier is warning municipalities that the cash-strapped province is going to have to refuse a lot of funding requests.

Rachel Notley has told delegates at the Alberta Urban Municipalities Association that they need to lower their expectations.

She says it's great if municipalities want innovative, new projects, but that they'll have to decide what other funding

can be pulled to pay for them.

Notley says that with a \$10.9-billion deficit, the province will keep spending growth to about two per cent, with priority given to health and education.

Alberta is being hammered by low oil prices, and unemployment and office vacancy rates are rising. The province's estimated debt is expected to climb to \$58 billion by 2019.

THE CANADIAN PRESS

## WEATHER

## Snow forecast over the long weekend

It seems like only yesterday we were reporting snow at the ski hills in the Rockies.

Now it's here in our front yards.

As of Thursday afternoon, Environment Canada was forecasting two to four centimetres of snow for Calgary, beginning in the morning.

It's forecast to last until late afternoon.

"There's a low pressure system moving in from BC and it's going to push snow into Alberta," said Environment Canada Meteorologist Heather

Rombough.

She said it's kind of tricky this time of year to determine how much is going to stick on the ground, so don't get your toboggans out just yet.

The city could also see snow flurries Sunday and Monday — just to put that crispness in the air that makes turkey and pumpkin pie taste that much better.

Calgary hasn't seen significant snowfall in October since 2013 when the city had 23.3 centimetres for the month.

METRO STAFF

— OCTOBER 8-22 —

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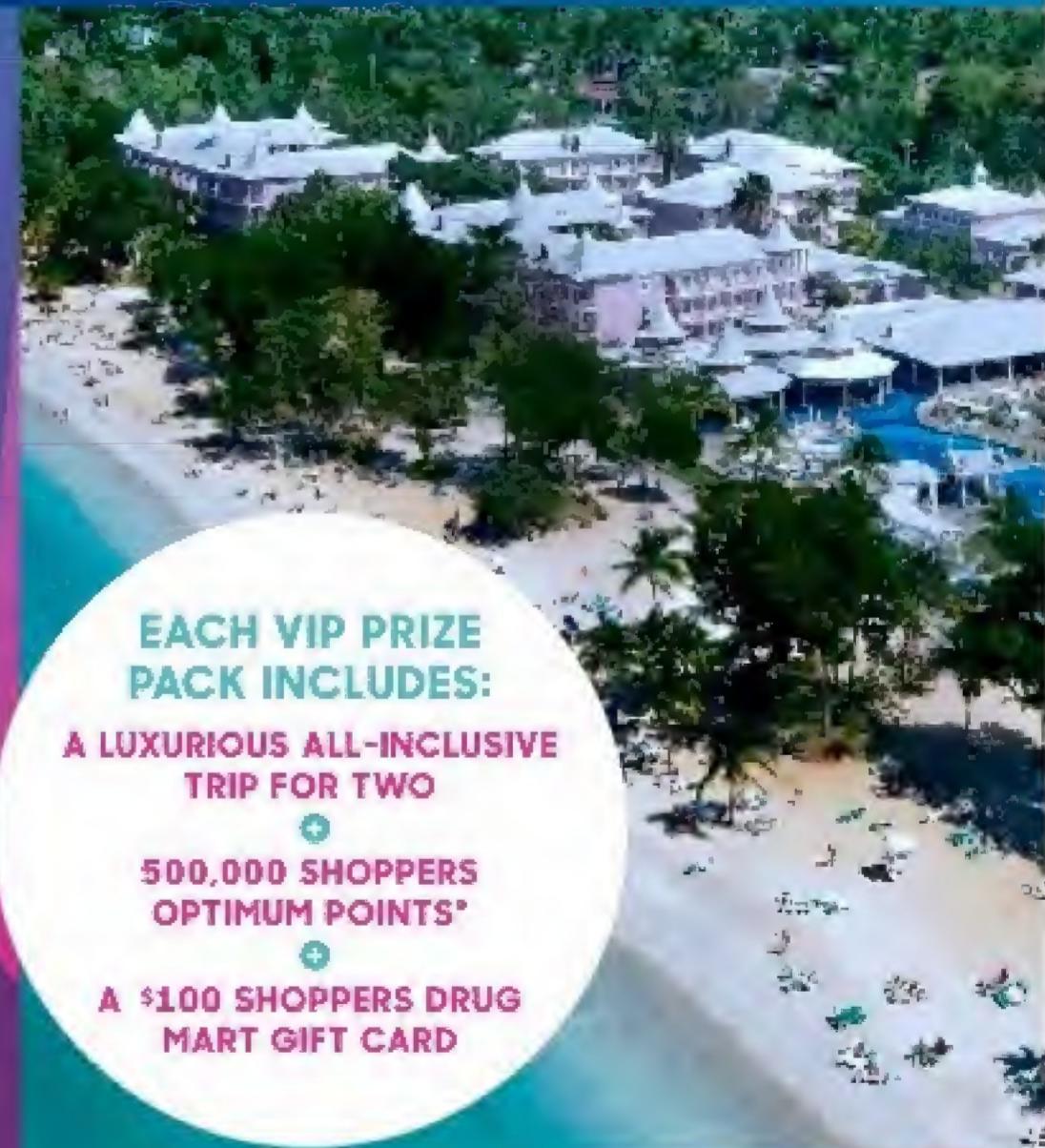


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The new Link Passenger Shuttles will run through YYC's connections corridor. JOSIE LUKEY/FOR METRO

# New terminal first of its kind in Canada

**TRAVEL**

## More than \$2B invested in international building

**Josie Lukey**  
For Metro | Calgary

Behind Simranjeet Virk, a variety of model airplanes are displayed waiting to be purchased before individuals step onto a real-life plane of their own.

Which is why for Virk, of gift shop Who's Who in the Zoo, the opening of the International Terminal Building at the Calgary International Airport means she is able to meet people from around the world — hopefully selling them model planes as well.

"This (terminal) is more spacious, more light. This one is more beautiful," said Virk.

At a price tag of more than \$2 billion, the terminal adds about two million square feet to the airport — the equivalent of 34 football fields.

"We've made a real concerted attempt to keep up with new technologies," said Garth Atkinson, CEO of the Calgary Airport Authority.

The first of its kind in North America, the security section features a full network of CATSA Plus screening technology where four travellers at a time can screen their belongings.

But perhaps the coolest new feature at YYC is the Link Passenger Shuttles, which run through the connections corridor stopping at four stations. Each shuttle is equipped with seating for up to 10 passengers, is wheelchair accessible and can



Now passengers have the option of checking in with one of 238 self-serve kiosks. JOSIE LUKEY/FOR METRO

transport passengers from one side of the airport to the other in about five minutes.

"We've made some (big) changes in the last couple of years with construction.

With all the new technology, getting through the entire airport process takes an estimated 20 - 30 minutes.

The terminal will officially open Oct. 31 at 3:30 a.m.

**We've made a real concerted attempt to keep up with new technologies.** Garth Atkinson

**SUSTAINABILITY**

## Eco-friendly features help reduce footprint

The new International Terminal now has a series of sustainable features to reduce its environmental impact.

Marco Mejia, of the Airport Authority said one of the main features of the new terminal is a roof that collects about 800,000 litres of rainwater and snowmelt

that will be used in washrooms throughout the building.

"YYC has become a great environmental leader in the country. We just doubled the size of the building, but we reduced our carbon footprint," he said.

Other features include:

• Geothermal radiant floor

heating and cooling, which stores heat from the warmer months 500 feet underground to heat the floors of the main terminal area in the cooler months.

• Co-generation heating, which will reduce about 26,000 tonnes of CO<sub>2</sub> each year from alternative sources of heat and power.

• A managed airflow system that coupled with the terminal's overall design carries cool, fresh air from the bottom of the building. The air is heated as it carries upwards past heat sources into the top of the building. JOSIE LUKEY/FOR METRO

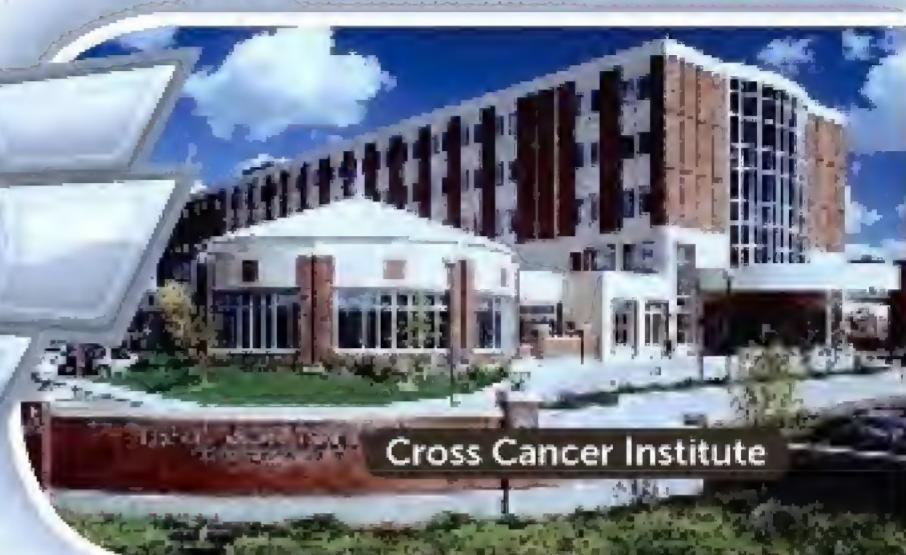


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# Charter may mean more housing

**AFFORDABLE UNITS**

**Changes would give the city tools to promote construction**

**Brodie Thomas**  
Metro | Calgary

Affordable housing providers are applauding changes in the proposed Calgary city charter that could make it easier to build affordable housing in the city.

Sarah Woodgate, director of Calgary Housing, said right now affordable housing only makes up 3 per cent of the city's total available housing, while the national average is at six per cent.

"While the city of Calgary grows, we're falling further and further behind in creating affordable housing, which is a key element of creating individual community success," she said.

Affordable housing is primarily the responsibility of the provincial and federal governments, according to Woodgate.



**Bridgeland Manor** is one of two affordable housing sites maintained by the Calgary Drop In. The city is hoping that changes proposed in the city charter could make it easier for the city to build more non-market housing. JENNIFER FRIESEN/FOR METRO

but nevertheless the city's role will become easier if the proposed changes come into effect under a new city charter.

The city charters are pro-

posed legislative changes that would give increased powers and autonomy to Alberta's two largest cities.

One proposed change could

mean continuity of affordable housing.

Right now, there's nothing that says if a property changes hands that it must maintain

its "affordable" designation.

Woodgate said under a charter, housing commitments could follow the title on a property.

It wouldn't mean the entire property needs to remain as affordable housing, but the city would have flexibility in designating some requirements on the new structure.

"It isn't that much different in the way school sites are managed in terms of the public benefit," said Woodgate.

Another powerful incentive would be a change to property tax.

"The city is unable to exempt non-market housing and affordable housing, particularly during construction," said Woodgate.

With a charter, the city could provide tax exemption, even during the construction phase of an affordable housing project.

The recommended changes are also being welcomed by the Calgary Drop In.

Aside from having a shelter for the homeless, it also operates two affordable housing buildings and is preparing to open a third.

**+ MORE INFO**

■ The city says affordable housing is necessary to keep Calgary's workforce diverse

■ Calgary's 10-year Plan to End Homelessness has a target of adding 8,500 affordable housing units

■ The responsibility of providing affordable housing lies mainly with the provincial and federal governments.

"It's very difficult to open affordable housing in the city of Calgary," said Drop In spokesman Jordan Hamilton. "Changes need to be made. So any initiative to make it easier for people to house people is much needed."

Woodgate said the responsibility of funding affordable housing will remain primarily with the province and the federal government, but proposed changes will give the city tools to respond to the needs more quickly.

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## WEEKEND EVENTS

### Friday — Disney in Concert

The Calgary Philharmonic Orchestra performs some classic Disney tunes with their powerful ensemble. Expect to hear songs from Frozen, The Little Mermaid, Beauty and the Beast, Aladdin and more. The songs are played with clips from the movies, sure to bring back a rush of memories.

For more information, visit [calgaryphil.com](http://calgaryphil.com).

### Saturday — Pie Bake-off

The Calgary Farmer's Market is having a pie bake-off in time for Thanksgiving. Taste five different pies and vote for your favourite. Entry is by cash donation to the Calgary Food Bank. You'll taste a maple pumpkin pie, wild turkey bourbon chocolate, pumpkin coconut cream, blueberry rhubarb and caramel pumpkin pie.

For more information, visit [calgaryfarmersmarket.ca](http://calgaryfarmersmarket.ca).

### Saturday — Much Ado From Nothing

Improv extraordinaires the Kinkonauts slip into their Elizabethan garb to put on an improvised Shakespearean play, based entirely on audience suggestions. They could find themselves on the lighter side of the Bard's famous plays — or in their own dark, twisted version of Hamlet. Or something.

For more information, visit [kinkonauts.com](http://kinkonauts.com).

### Sunday — Calgary Ghost Tours

The Ghost Tours are running again through the month of October. Walk through some of Calgary's oldest neighbourhoods to hear real ghost stories from experts. Hear about the ghost in the Ironwood Stage and Grill's basement, or the creepiness on the Zoo Bridge.

For more information, visit [calgaryghosttours.com](http://calgaryghosttours.com).

AARON CHINTA/METRO



From left, Bravin Goldade of WestCreek Developments, Jane Seymour, Mayor Nenshi, and Councillor Peter Demong. The sculpture overlooks a 300-acre environmental reserve to promote a community spirit every time residents step out their door. JOSIE LUKEY/METRO

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# Public art meets suburbia

## COMMUNITY

### Jane Seymour sculpture unveiled in Legacy

**Josie Lukey**  
For Metro | Calgary

You'd be a dwarf next to it.

That's according to Kalida Goldade of WestCreek Developments who helped unveil a new 13 foot sculpture in the southeast suburb of Legacy last weekend.

The sculpture, called Open Hearts Icon, by actress and activist Jane Seymour, was given to the community in an effort to develop an openhearted and welcoming atmosphere.

"For Calgarians, it's something big because it's really a large-scale public art (installation) outside of the downtown core," said Goldade.

The original design was created by Seymour, who always drew hearts open-ended

For Calgarians, it's something big because it's really a large-scale public art outside of the downtown core.

Kalida Goldade

to represent the nature of being open to new experiences.

When the developers for Legacy wanted to bring a sense of urban culture to suburban living, the concept and design was fit perfect for what they were trying to accomplish.

"We kind of feel that social responsibility to have more than just a community that's based off of building and selling houses. It's about creating a home base for people to expand out to and to be able to walk the streets," said Goldade.

While Seymour said she hopes that the sculpture is a part of her legacy, it's also her first piece of public art.

Currently, two other similar sculptures by Seymour exist: one in her very own backyard and one in Ohio, but this installation means people will be able to touch, climb and get up close to the work.

In the future, the community will be hosting events around the sculpture — the first one a light display in time for Christmas.

20<sup>YEARS</sup>

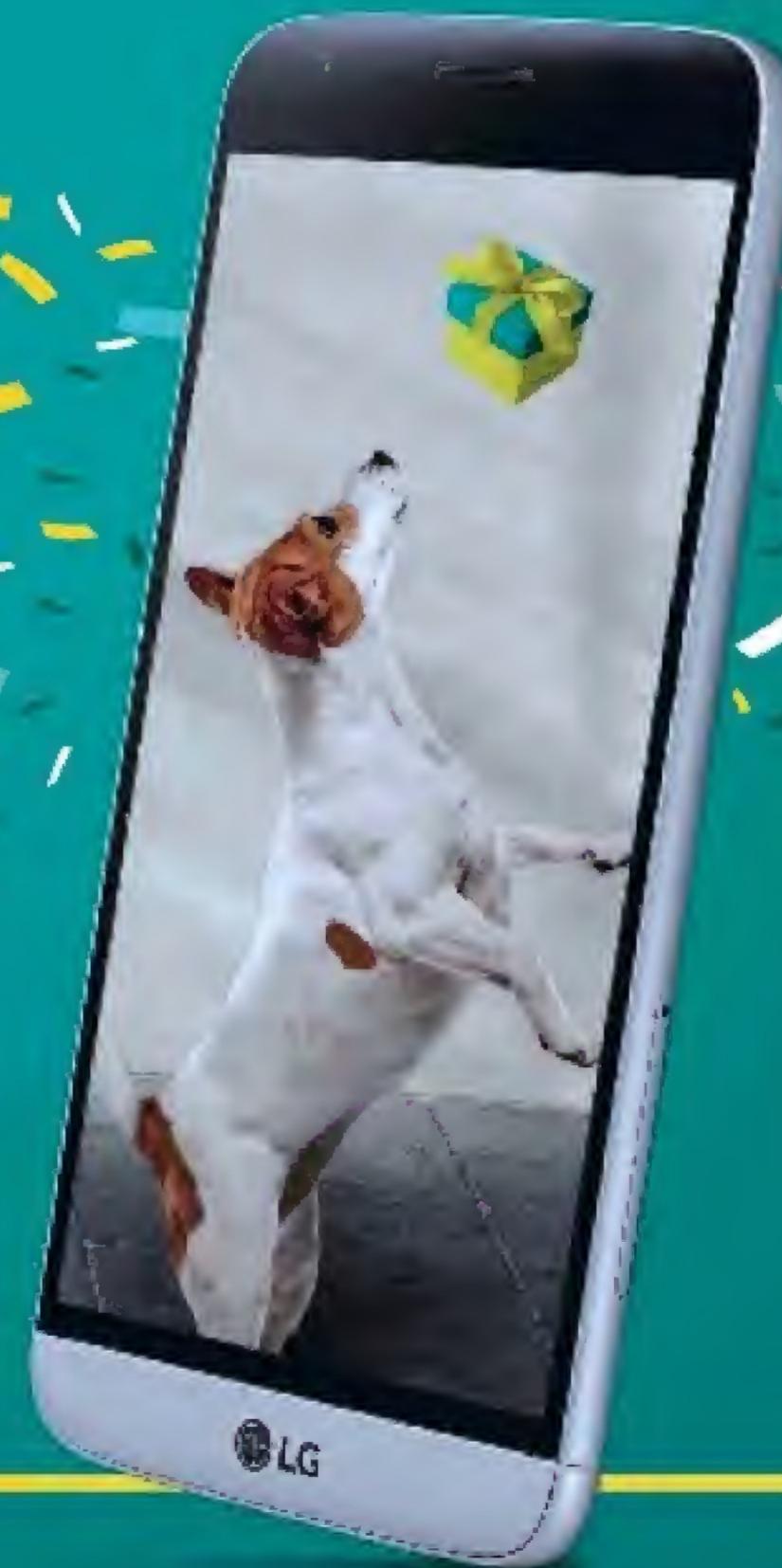
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# Tegan and Sara return for hometown concert

SCENE YYC

## Cowtown had a hand in shaping the careers of Juno winners

Aaron  
Chatha

Metro | Calgary

Calgary's done a ton to improve its image as an arts city: the Mayor regularly supports the arts, we have more and more public installations going up and the city has even declared 2016 as the Year of Music.

But maybe it was always an arts city.

Calgary is the hometown to a number of high-profile artists, including Grammy-nominees and Juno winners Tegan and Sara. The identical twin sisters grew up in Calgary, moving away the same year they released their first album — 1999.

They're back in town this week to play MacEwan Hall on Oct. 7.

They started playing music in their early teens — and by Sara Quin's own admission, they kind of sucked.

But they had the drive, and Calgary had the opportunities. In high school, the pair attended Crescent Heights High School and took part in the radio-broadcasting program.

"We sort of took it over and instead of doing radio shows, we would have people engin-

**We had a lot of support from the local community.**

Sara Quin

kid an agent. We sucked. We weren't really great."

What they did have was an absurd amount of charisma and songwriting talent. They didn't shy away from writing about LGBT issues in a way that made them role models in the industry. It's a trait Sara said they picked up from their mom — a social worker who helped women who had been sexually abused.

"There were a lot of adult ideas floating around in our

eer and mix our band demos," Sara recalled. "I feel like it was fairly idyllic. We had a lot of support from the local community when we got out of high school and started to try to have a bit of a career."

The twins had a drum set in their garage where they would jam and put on shows — and had a rotating host of drummers playing with them. On the community level, they were given their first few shows, even winning a competition called Garage Warz. The award money helped them record their first demo.

On a bigger scale, they used grants like Factor to fund their first videos and tours outside of the country.

Sara doesn't think it's the music that got them to where they are — they grew a ton in terms of playing instruments and developing their voices.

"I don't think I'm a singer," she laughed. "I wasn't like three years old and doing amazing renditions of pop songs people were going, 'holy s--- you gotta get that



Tegan and Sara return to their hometown for a show on Friday. COURTESY PAMELA LITTKY

world when we were very young, and I think there was something natural for us having that initial rush of response from queer people and people in the LGBTQ community," she said.

Knowing people look to them to be advocates factors

into their song writing — Sara said there's something very effortless about offering hope in the mainstream.

These were Tegan and Sara's roots in Calgary, that helped shape them into musicians and outspoken individuals that they are — who love coming

back to the city where they grew up.

"I don't think very many people, and especially not us, thought two queer kids from northeast Calgary would get to here," said Tegan Quin when accepting their 2014 Juno Award. "And here we are."



Tegan and Sara dropped by the NMC to open the new exhibition — which also features Jann Arden.

JENNIFER FRIESSEN/POR METRO

## NATIONAL MUSIC CENTRE Exhibit features sisters

The National Music Centre is bringing Tegan and Sara's success story a little bit closer to Calgarians.

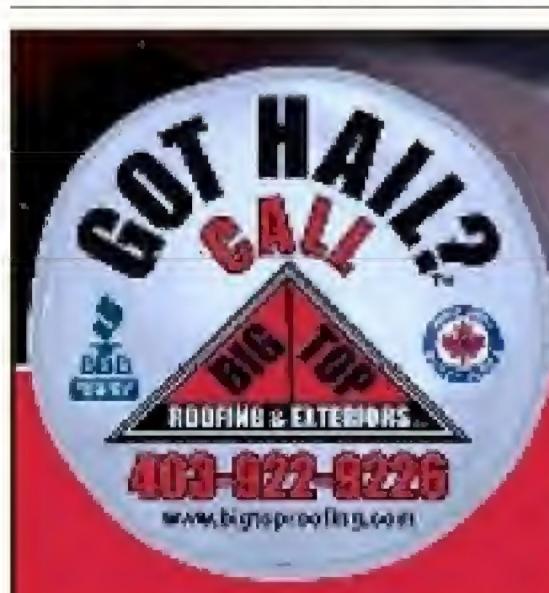
The twins will be featured in the NMC's new Storyteller's Exhibition, which aims to explore the history behind some of Alberta's music pioneers and icons.

The exhibit officially opened with a collection of histories from various musicians, including Jann Arden who donated her jacket from the music video of Good Mother.

Calgary-born Tegan and Sara were on-hand to help open the exhibit, and will be donating an artifact from their own careers to the NMC.

"They have so much personality, they're so vibrant," said Adam Fox, Director of Programs. "For not only Alberta, but Canada, they're such a success story. When you think about Alberta, people talk about hard work, resiliency and kind of a scrappy attitude that's required to be successful. I think they embody that. They hustle. They've worked their asses off."

The exhibition is free to public and will run until January 2017. AARON CHATHA/METRO



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# The best bits of Star Wars in an hour

THEATRE

## Charlie Ross throws in Lord of the Rings, too



**Aaron Chatha**  
Metro | Calgary

This October, Charlie Ross becomes Luke, Leia, Han and even a space ship. Ross performs one man Star Wars (and one man Lord of the Rings) condensing the original trilogy into a one

hour show.

For more information [www.pumphousetheatre.ca](http://www.pumphousetheatre.ca).

### Q: How do you pull it off?

A: This was never meant to be seen this way, but it's just me on stage. No costume, no sets, no props — just me.

I'm telling the story of Star Wars, but the way I'm telling it.

I'm playing all the characters. Telling from A New Hope until the Return of the Jedi.

I guess if there was any kind of theory behind it,

it's that it's absurd. I'm like a kid — except that I'm 42 years old.

It's almost kind of voyeuristic in a way. Not totally voyeuristic, but I definitely have a kid's enthusiasm while I do it.

It's kind of ridiculous is a wonderful way because, I mean, what is this guy doing?

Well, it's me re-telling Star Wars. I use my physical attributes to flip around the stage and be everything from spaceships to the actual characters.

How I pull it off? I'm not sure, but somehow I pull it off.



**Charlie Ross performs the original trilogy and the Lord of the Rings books, playing every character rapid fire.**

CONTRIBUTED

### Q: What's the most iconic scene in the Star Wars original trilogy?

A: Oh, jeez, there are so many iconic ones. You, it's a long scene, but when Luke's joining the rebels as they try to blow up the Death Star. I mean, it's not strictly a scene, it's a section of the film, but it's probably when Luke's left all alone in the trench and still being pursued by Vader and the two other Tie Fighters.

He's sort of trusting his feelings, he's hearing the voice of Obi Wan Kenobi telling him what to do — and the moment where he's going to get killed suddenly Han shows back up. Everything just comes

together perfectly. It's all these things that lead up to that one perfect moment when he fires the torpedoes and blows up the Death Star.

### Q: Of all the many characters you play, which is the most challenging?

A: I guess it's the ones I don't do a very good voice of. That would be Yoda.

My Yoda does not sound like Yoda — it sounds like a goat. But, I can still get the intonation of the lines and I guess I have to trust that people are going to be okay with this and just go with it.

## ADVERTISING FEATURE

# HOW TO GET RID OF KNEE PAIN ONCE AND FOR ALL... WITHOUT DRUGS, SHOTS, OR SURGERY

## Now, in Calgary, AB, one doctor is helping local residents with knee pain live more active, pain-free lives

Living with knee pain can feel like a crippling experience.

Let's face it, your knees aren't as young as you used to be, and playing with the kids or grandkids isn't any easier either. Maybe your knee pain keeps you from walking short distances or playing golf like you used to.

Nothing's worse than feeling great mentally, but physically feeling held back from life because your knee hurts and the pain just won't go away!

My name is Dr. Jack Kucheran, owner of Northside Wellness Centre. Since we opened 33 years ago, I've seen hundreds of people with knee problems leave the office pain free.

### DO YOU HAVE ANY OF THE FOLLOWING CONDITIONS?

- Arthritis
- Knee pain
- Cartilage damage
- 'Bone-on-bone'
- Tendonitis
- Bursitis
- Tendonitis
- Crunching & popping sounds

If you're suffering from these conditions, a new breakthrough in medical technology may completely eliminate your pain and help restore normal function to your knees.

### Finally, You Have An Option Other Than Drugs or Surgery!

New research in a treatment called low level laser therapy, or cold laser, is having a profound effect on patients suffering with knee pain. Unlike the cutting type of laser seen

in movies and used in medical procedures, the cold laser penetrates the surface of the skin with no heating effect or damage.

Cold laser therapy has been tested for 40 years, had over 2000 papers published on it, and been shown to aid in damaged tissue regeneration, decrease inflammation, relieve pain and boost the immune system. This means that there is a good chance cold laser therapy could be your knee pain solution, allowing you to live a more active lifestyle.

Professional athletes like Lance Armstrong and team members of the New England Patriots rely upon cold laser therapy to treat their sports-related injuries. These guys use the cold laser for one reason only...

### It Promotes Rapid Healing Of The Injured Tissues.

Before the FDA would clear the cold laser for human use, they wanted to see proof that it worked. This led to two landmark studies:

The first study showed that patients who had cold laser therapy had 53% better improvement than those who had a placebo. The second study showed patients who used the laser therapy had less pain and more range of motion days after treatment. If the cold laser can help these patients, it can help you too.

Although there are different types of lasers, the Calgary Flames have 8 of our type of laser systems.

### Could This Non-Invasive, Natural Treatment Be The Answer To Your Knee Pain?

For 30 days only, I'm running a very special offer where you can find out if you are a candidate for cold laser therapy.

What does this offer include? Everything I normally do in my "Knee Pain Evaluation". Just call before November 5th, 2016 and here's what you'll get...

- An in-depth consultation about your problem where I will listen... really listen... to the details of your case.
- A complete neuromuscular examination.
- A full set of specialized x-rays to determine if arthritis is contributing to your pain.
- A thorough analysis of your exam and x-ray findings so we can start mapping out your plan to being pain free.
- You'll see everything first hand and find out if this amazing treatment will be your pain solution, like it has been for so many other patients.

Until November 5th, 2016 you can get everything I've listed here for only \$49. The normal value for this type of evaluation including x-rays is \$250, so you're saving a considerable amount by taking me up on this offer. Remember what it was like before you had knee problems... when you were pain free and could enjoy everything life had to offer. It can be that way again. Don't neglect your problem any longer — don't wait until it's too late.

### Here's what to do now:

Due to the expected demand for this special offer, I urge you to call our office at once. The phone number is 403 291-0603.

Call today and we can get started with your consultation, exam and x-rays as soon as there's an opening in the schedule. Our office is called Northside Wellness Centre and you can find us near the Peter Lougheed Hospital



**A new treatment is helping patients with knee pain live a happier, more active lifestyle.**

just across the street from Value Village. Tell the receptionist you'd like to come in for the Knee Evaluation before November 5th.

Sincerely,

Dr. Jack Kucheran, D.C.  
#16, 3434 34th Ave NE  
Calgary, AB T1Y 6X3

P.S. Now you might be wondering...

**"Is this safe? Are there any side effects or dangers to this?"**

The FDA cleared the first cold laser in 2002. This was after their study found 76% improvement in patients with carpal tunnel syndrome. Their only warning — don't shine it in your eyes.

Of course at our office, the laser is never anywhere near your eyes and we'll give you a comfortable pair of goggles for safety.

Don't wait and let your knee problems get worse, disabling you for life. Take me up on

# Hey, look — that's my own family on TV

## OPINION

## CBC's Kim's Convenience a relatable tale of cultural values

**Aaron Chatha**  
Metro | Calgary

Look, I don't think anyone's going to be surprised when I say it's rare to see anyone who looks like me on TV.

As a brown-skinned, Indian boy, it was always a novelty to see any other Indians on cable — even if they were ridiculous caricatures like Apu on the Simpsons. I would at least be interested.

The same can't be said for my dad, an Indian immigrant, who glances at shows like the

Big Bang Theory with a mild curiosity before flipping open the laptop to check cricket scores.

On Tuesday, CBC premieres Kim's Convenience, and having seen the first three episodes, I'm hoping it's the first show in a long time that my whole family will sit together and enjoy.

In a way, the family shares many commonalities with my own. My parents can relate



The show features a Korean family in Toronto. COURTESY CBC

to having to juggle old-world values in a new country, and

concerns that their kids are moving away from their roots — but still wanting to afford the freedoms they never had back home. It's also a middle class family working hard to be successful.

In Kim's Convenience, Mr. Kim runs a convenience store where he and his wife are the only employees. I have uncles who ran convenience stores the same way, and my dad worked manual labour

12 hours a day with no complaints.

And after all that work, his eldest son wanted to go into journalism — a field not exactly known for its paycheques.

I really like Kim's Convenience so far. It's funny, it's not preachy and it's very relatable. In a lot of ways that's my own family on screen, and that's very exciting.

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## WORDFEST

## Festival promises wordy goodness

**EVENT DETAILS**

Wordfest begins Oct. 7. For more information visit [www.wordfest.com](http://www.wordfest.com).

there will be a Literary Death Match where authors have seven minutes to read their most electric passages — cheered on by a boisterous audience.

For those looking for a more titillating experience, Naughty Bits has authors pick 'not safe for work' passages to read out loud.

If that's not exciting enough, there's actual nudity to be had at the a-d-u-l-t spelling bee. When contestants fail to spell a word correctly, the contest turns a bit salacious/luscious/libidinous/lewd as the spellers must remove an article of clothing to continue on.

"These are really brave people, and it is the most fun to watch. There's a lot of laughter, and there's an open bar," chuckled Youngblut.

Then there are the actual readings. Writers from across the world will share excerpts from their works at Wordfest events, and stick around the chat and sign autographs after.

For those feasting for blood,

AARON CHATHA/METRO



Wordfest 2016 aims to use literary works as a launch point for smart discussion of big ideas in Calgary. COURTESY WORDFEST



**Brady Grumpelt holds two prototype Harmonicartridges.** KEVIN TUONG/FOR METRO

## Blotendo might blow your mind

ENTERPRISE

**Duo behind firm caused online stir with its candy**

 **Ameya Charnalia**  
For Metro | Edmonton

Brady Grumpelt's latest business idea came to him while blowing the dust out of a videogame cartridge. No, this isn't 1987 and Grumpelt isn't a child.

Instead, the 30-year-old, who runs a bartending school in Edmonton, is almost a quarter of the way to reaching his goal of \$4,000 on the fundraising website Kickstarter. The aim: To begin producing the Harmonicartridge. The item is a cross between those old Nintendo game cartridges (which always needed a dust blow to work) and a harmonica.

The duo caused a stir online last year by creating 'D-s by Mail' — a company that allows you to anonymously send someone a bag of phallic-shaped gummy candy. Lucas Sloan created the Harmonicartridge prototype.

Sloan runs a 3D printing company in Edmonton and appeared on the popular television series Battle Bots earlier this year.

On Oct. 2, the team commissioned a promotional video and put up the project on Kickstarter with the aim of raising money by the end of the month. By Thursday evening they had raised \$929 with the help of 26 backers.

Grumpelt dreamed it up following a night of video games and music.

"We kind of joked about it

and looked it up to see if there was actually a harmonica in a Nintendo cartridge anywhere and didn't see it," he said. "I thought, 'Well if this isn't a thing, why not make this a thing?'"

Along with the idea of making the video-gamed themed instrument came the decision to create a parent company, called Blotendo, which Grumpelt started with collaborator Ryan Seager.

The duo caused a stir online last year by creating 'D-s by Mail' — a company that allows you to anonymously send someone a bag of phallic-shaped gummy candy.

Lucas Sloan created the Harmonicartridge prototype.

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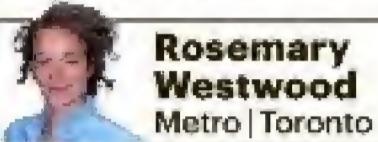


## Sexual Assault on Campus: A Metro Special Focus

Day 5: The way ahead

# The solution right before us

## Schools need to start treating sexual-assault survivors less as victims and more as experts



**Rosemary Westwood**  
Metro | Toronto

Five days is nowhere near long enough to talk about campus sexual assault.

In our week-long series, Metro has attempted to frame this ongoing crisis in a new way, to articulate how campus sexual assault is a national issue — even international — and to point out the gaping holes in our national response.

But there were many aspects we did not get to cover. We did not investigate how racism and sexual violence intersect. We did not talk about how gender identity and sexual orientation impact violence, opting for a mostly heteronormative stance as a way into the problems.

We did not report on harassment and sexual violence experienced by professors and employees, a group often left out of the discussion; nor did we investigate the role of men and boys in finding solutions.

If colleges, universities and our communities at large are ever going to be made safe, all of these must be taken into

account. Which means no simple solutions but plenty of opportunity for improvement.

For Farrah Khan, one overriding question is how to tackle campus assaults as part of the larger culture of sexual violence.

"We need a continual commitment from every level of government that sexual violence isn't tolerated in Canada," said Khan, the co-chair of the Ontario Provincial Roundtable on Violence Against Women and the inaugural co-ordinator of sexual-violence education and support at Toronto's Ryerson University.

Khan is particularly concerned with creating more accountable responses, across sectors and workplaces and communities. It's lacking almost everywhere you look: in the military, in the RCMP, in medicine and, of course, in post-secondary schools, which often lack any one person tasked with accountability and oversight, leading to a dangerous dilution of responsibility.

But Khan worries schools will respond to mounting public pressure and provincial legislation by moving to a criminal model for adjudicating complaints, despite its abysmal track record, both in encouraging women to come forward to police and testify in trials and in meting out punishment against assailters.

Meanwhile, it's clear universities and colleges need to start treating survivors less as victims and more as experts. They know the schools' shortcomings better than anyone.

“

**It's ridiculous that nobody's stepping up, so that's what we're doing.**



Paniz Khosroshahy, women's-studies major at McGill University and sexual-assault survivor

## Recurring asks from advocates

### 1 Universal standards

### 2 Mandatory data collection

### 3 Independent oversight

### 4 Greater collaboration



### Join The Fight

Tell your story and pressure your MP using **#safercampusnow** and follow the series online at [metronews.ca](http://metronews.ca).

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[metronews.ca/panel](http://metronews.ca/panel)

## About the series

**Mon. | The power of five**  
The most organized Canada-wide effort to combat campus sexual assault comes from an unlikely crew of five young women.

**Tues. | A federal vacuum**  
The problem is national, but solutions have been regional and parochial.

**Wed. | The U.S. example**  
The U.S.'s laws and White House directives combine to create more rigorous requirements for schools.

**Thurs. | Dearth of data**  
We don't know how big the problem is because no one is incentivized to find out.

**Fri. | The way ahead**  
We have a problem; we need a plan.

threat," she said. "It was swept under the rug."

"Any incident needs to be reported to an independent third party," she said. "That gives accountability."

Janet was among many people who reached out to Metro this week, keen to talk, keen to help find solutions.

So it's not a question of public appetite for change, or action among grassroots groups. It's a question of leadership. Who is going to take a stand at a national level? Who is going to co-ordinate the vast amount of experience and expertise and input out there? Who is going to hold universities, colleges and other institutions to account?

Right now, the answer is no one.



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## BIOETHICS

## About 200 assisted deaths, stats incomplete

About 200 Canadians have received help killing themselves since legislation authorizing medically assisted suicide came into force in June, new figures obtained by The Canadian Press show, but those numbers do not paint the whole picture.

To date, 87 people have taken advantage of the law in Ontario, while the total in British Columbia is 66, the provinces' coroner's offices reported Thursday. Alberta has tracked at least 23 deaths, Manitoba has had 12,

while Saskatchewan has had fewer than five cases. Figures from elsewhere were not immediately available.

But if an outline is beginning to emerge of demand across Canada for help in dying, a dearth of even basic information still exists.

For example, there is little data on how many people have requested help but have been refused, the medical conditions prompting such requests, those who have made requests but

changed their minds, and the number of people who have died before the request could be granted.

Even statistics on gender, age and where the deaths have occurred are elusive.

Shanaaz Gokool, CEO of Dying with Dignity Canada, said it's impossible to discern clearly what's happening across the country, or how the legislation is being applied.

"It's very difficult to assess what is going on," Gokool said.

"No one's doing this in a very systematic way. The numbers don't tell us enough."

Andrew MacKendrick, a spokesman for Health Minister Jane Philpott, said Thursday the legislation does call for a national monitoring system — but it only has to be in place by next June.

"That gives the minister of health a period of time to set that system up so we can actively monitor it and understand it better," MacKendrick said.

THE CANADIAN PRESS



Members of the Marine Animal Response Society attempt to herd dolphins stranded in shallow waters in Lameque, N.B., out to sea on Thursday. ADAM HODNETT/HANDOUT, THE CANADIAN PRESS

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## Dolphins refuse aid

## NEW BRUNSWICK

### Stranded sea mammals unco-operative with rescuers



Six stranded dolphins are stubbornly refusing to be guided out of shallow waters in northern New Brunswick, rescuers said Thursday.

"The dolphins are doing what they want to do," said Tonya Wimmer, director of the Marine Animal Response Society. "We're going to regroup and figure out what to do about our little unco-operative dolphin friends."

It's been more than a week since seven dolphins became stranded near Lameque, with one dying two days later. To get back to open ocean, they would have to swim through an area that's only about a metre deep at high tide, and dolphins don't like shallow water.

Three boats have made multiple attempts to herd the dolphins, including at high tide Thursday morning, but they always turn back before crossing out of the shallow water.

"At this point we're basically using all the tools in our toolbox that we can think of. Whether it's herding, or trying to scare them out, trying to attract them out," said Wimmer.

On Thursday, as more than a dozen people watched from shore, officials from the marine society as well as the Department of Fisheries and Oceans

deployed an acoustic pinger in a bid to push the dolphins along.

The rescuers said the biggest obstacle is the strong current, which gets stronger as the tide goes out. The boats have to be careful not to smash into a bridge, or hit the animals.

Wimmer said the animals look in "fairly good health," and they have some fish and layers of blubber to draw on. But rescuers don't think the dolphins will leave on their own, because of the nature of the waterway.

"We just mostly want to make sure that, as long as they're not being disturbed too much, and they stay healthy, we can keep an eye on them. But they're hitting a bit of a level where people are very concerned and there's interest to want to do something, so we at least have to see what we can do," she said.

Atlantic white-sided dolphins are common in Atlantic Canada.

They can reach 10 feet in length and 500 pounds.

THE CANADIAN PRESS

**At this point we're basically using all the tools in our toolbox that we can think of.** Tonya Wimmer

# Mounties offer women 'our sincere apology'

SAFETY

## Female officers' harassment lawsuits settled

RCMP Commissioner Bob Paulson has delivered an abject apology to hundreds of current and former female officers and employees who were subjected to bullying, discrimination and harassment dating back as long

as four decades.

Paulson made the apology Thursday as he announced the settlement of two class-action lawsuits stemming from harassment that has cast a dark pall over the storied police force.

"To all the women, I stand humbly before you today and solemnly offer our sincere apology," an emotional Paulson said.

"You came to the RCMP wanting to personally contribute to your community and we failed

you. We hurt you. For that, I am truly sorry."

Paulson said the settlement would provide financial compensation for the women and lead to resolution of potential class-action lawsuits brought forward by former RCMP members Janet Merlo and Linda Gillis Davidson.

The federal government has earmarked \$100 million for payouts, but there is no cap on the overall compensation that

could be awarded. The settlement is expected to cover hundreds of women who served in the national police force starting from Sept. 16, 1974. It also includes creation of a scholarship in honour of the RCMP's first female regular members as well as establishment of national and divisional advisory committees on gender, sexual orientation, harassment, equity and inclusivity.

THE CANADIAN PRESS



A store in North Bay, Ont. is selling T-shirts to raise money for Ken Pagan's legal defense. FACEBOOK

BLUE JAYS

## Friends rally behind alleged beer-thrower

 **Liz Brown**  
Metro | Toronto

One of Ken Pagan's friends from his time as a sports editor at the North Bay Nugget is showing his support for the alleged beer tosser with a fundraising campaign for his legal defence.

Pagan has been charged with mischief in the Blue Jays beer can incident after he was identified as the man in the image released by the Toronto police.

Paul McLean, owner of the

Skater's Edge Source for Sports in North Bay, is selling #FREEPAGZ T-shirts for \$10, with half the proceeds promised for Pagan's legal fees.

"The man I know and his love for sports — specifically baseball — I just can't believe that's him and looking at the videos out there, it's pretty inconclusive," says McLean.

"I've never known him to get drunk and make a bad a judgment call."

"It's a small thing we can do, but there's a lot of pressure against him, so if the town of North Bay can rally for him, we

want to do that. We want the best for him," he said.

If it turns out Pagan is the man behind the beer can toss, McLean said he would be "very disappointed" and donate the money to the North Bay Baseball Association instead.

The incident took place on Tuesday, when a can hurled from the stands narrowly missed Baltimore Orioles player Hyun Soo Kim.

Pagan identified himself Wednesday as the man in the police photo. He is to appear in court next month.

WITH FILES FROM THE CANADIAN PRESS



Metro has identified this man as Ken Pagan



A report says Canada needs to increase immigration as the population ages. TORSTAR

## Immigration a necessity, report says

Ottawa will need to raise its annual immigration level by one-third to 407,000 by 2030 to sustain its economic growth amid an aging population, says a new report on Canada's demographic trends.

Currently, Canadians 65 and over account for 16 per cent of the total population, but the ratio is expected to rise to 24 per cent in the next two decades,

according to the report by the Conference Board of Canada, released Thursday.

With a birth rate hovering around 1.55 children per woman and a longer life expectancy, researchers examined five scenarios of population targets between now and the year 2100, and their impact on labour force growth and government expenditures for health care and old age security benefits.

"The aging of Canada's population will have a significant impact on Canada's potential economic growth. Weaker labour force growth will have a negative impact on household spending, while a more slowly expanding economy will engender less investment spending," warns the 54-page report.

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**UNITED NATIONS MIGRANT-SMUGGLING CRACKDOWN EXTENDED** A woman carries her baby at the Kara Tepe camp for refugees and other migrants in Lesbos island, Greece, on Thursday. The UN Security Council adopted a resolution Thursday authorizing the European Union and individual countries to seize migrant-smuggling vessels on the high seas off Libya for another year. The resolution, adopted by a vote of 14-0 with Venezuela abstaining, stressed that the council's aim is "to disrupt the organized criminal enterprises engaged in migrant smuggling and human trafficking and prevent loss of life." THE ASSOCIATED PRESS

# Syria is aflame on several fronts

## CIVIL WAR

### International attention is on battle for Aleppo

The battle for Aleppo has gripped the world, but it is hardly the only front among the tangle of adversaries clashing across war-torn Syria.

Opposition forces are on the offensive in the centre trying to sever the government's connection between Aleppo and the capital, Damascus, which is itself at the edge of a major theatre of the war. In the northwest, Turkish-backed opposition forces are battling Islamic State militants, while to the east government forces are weathering an Islamic State siege of Deir El-Zour.

Here's a look at some of the battles around Syria:

## HAMA

In the central province of

Hama, insurgent groups led by the extremist Jund al-Aqsa have been on the offensive since late August, capturing dozens of villages and towns close to the northwestern rebel stronghold of Idlib. The insurgents are now about 15 kilometres north of Syria's fourth-largest city, also called Hama.

## DAMASCUS AND THE SOUTH

After retaking the once-opposition-held hub of Darya, on Damascus's southern outskirts, and forcing the evacuation of the 6,000 or so civilians and fighters trapped inside, the military and allied militias have turned their attention to the steadily shrinking zone of rebel control to the capital's northeast.

## THE NORTHWEST

Opposition fighters backed by Turkish ground and air forces continue to erode the Islamic State group's hold over northern Syria while also con-

taining the U.S.-backed Syrian Kurdish forces that control most of the country's northern border. Turkey sees the Kurdish forces as an extension of its own outlawed Kurdish rebels.

## DEIR EL-ZOUR

Syrian government forces and Islamic State militants are locked in battle over control of Deir El-Zour province, which is also the setting of some of the fiercest international coalition air raids against the extremists. The U.S.-led coalition is targeting bridges up and down the Euphrates River, leading the Syrian foreign ministry to accuse the air campaign of destroying the country's infrastructure.

## ALEPOO

Rebel groups, President Bashar Assad's government and the government's international backers have committed thousands of fighters to the battle for Aleppo, Syria's largest city.

THE ASSOCIATED PRESS



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# 'This storm's a monster'

## WEATHER

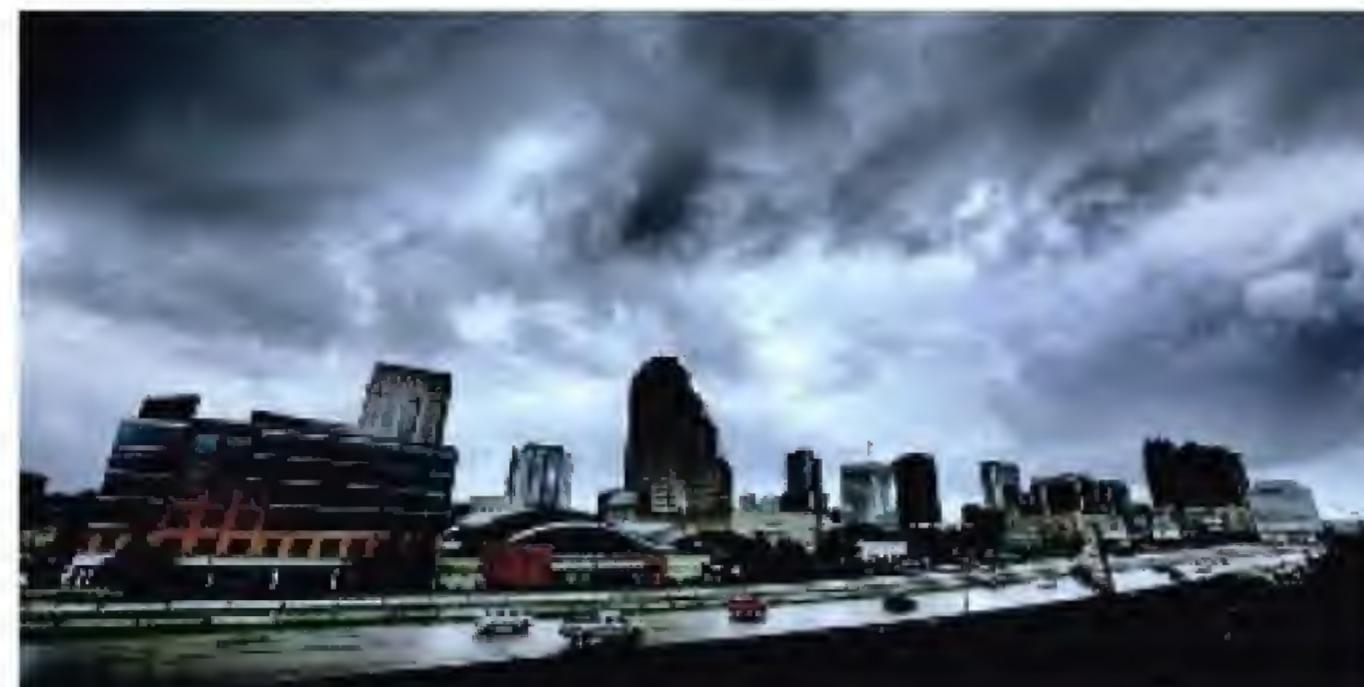
## Millions flee their homes as hurricane gains traction

Hurricane Matthew pelted Florida with heavy rains as the deadly storm steamed ever closer to the coast with potentially catastrophic winds of 130 m.p.h. Thursday. Two million people across the Southeast were warned to flee inland.

It was the most powerful storm to threaten the U.S. Atlantic coast in more than a decade, and had already left more than 280 dead in its wake across the Caribbean.

"This storm's a monster," Gov. Rick Scott warned as it started lashing the state with periodic heavy rains and squalls around nightfall. He added: "I'm going to pray for everybody's safety."

As it moved north in the evening, Matthew stayed about 100 miles or more off South Florida, sparing the 4.4 million people in the Miami and Fort Lauderdale areas from its most punishing effects.



The bands of rain from Hurricane Matthew pass over Orlando on Thursday. JOE BURBANK/ORLANDO SENTINEL/THE ASSOCIATED PRESS

By Thursday night, more than 60,000 homes and businesses were without power. Streets in Vero Beach were partially covered with water, and hotel guests in Orlando were told to stay inside, though a few sneaked out to smoke or watch the rain.

Millions of people in Florida, Georgia and South Carolina were told to evacuate their homes, and interstate highways were turned into one-way routes to

speed the exodus. Florida alone accounted for about 1.5 million of those told to clear out.

"The storm has already killed people. We should expect the same impact in Florida," the governor warned.

As people hurried to higher ground, authorities in South Carolina said a motorist died on Wednesday after being shot by deputies in a gun battle that erupted when he sped away

from a checkpoint along an evacuation route.

The co-ordinator for Haiti's Interior Ministry in the area hit hardest by Hurricane Matthew said the confirmed death toll in that southwestern zone was 283. Emmanuel Pierre said late Thursday that he expects the toll to rise as authorities reach remote places that were left isolated by the storm.

THE ASSOCIATED PRESS



Polish women protest Monday in Brussels against a proposal for a ban on abortion in Poland. GEERT VANDEN WUGAERT/THE ASSOCIATED PRESS

## Polish people say no to abortion ban

Polish lawmakers voted overwhelmingly on Thursday to reject a proposal by an anti-abortion group that would have imposed a total ban on abortion, caving in to massive outrage by women who have been dressing in black and waging street protests across the country.

The mostly Catholic nation already has one of the most restrictive abortion laws in Europe, with abortion only allowed in rare cases — rape or incest, when the mother's life is in danger or the fetus is badly damaged.

The proposal for further tightening the law came from a citizens' initiative that gathered some 450,000 signatures in this nation of 38 million.

The proposal was highly unpopular with most Poles, with people balking at the idea that a teenage rape victim should be forced to have her baby, or that a woman whose health was badly compromised would be forced to carry to term.

The proposal had also called for prison terms of up to five years for women who sought abortions. THE ASSOCIATED PRESS

## U.K. POLITICS

## Member hospitalized after fight within UKIP

Feuding in Britain's fractious, right-wing U.K. Independence Party erupted into violence Thursday that left a member of the European Parliament hospitalized with a head injury after an "altercation" with a colleague.

Steven Woolfe — the frontrunner to be UKIP's next leader — suffered seizures and lost consciousness after clashing with another lawmaker Thursday morning during a meeting of party lawmakers at the legislative building in Strasbourg, France.

UKIP leader Nigel Farage said Woolfe was initially in a serious condition and "things were pretty bad." But he said Thursday afternoon that Woolfe was "in a much better place than he was a few hours ago."

Farage said he was launching an inquiry into the violence, which he said "shouldn't have



A man resembling Steven Woolfe appears unconscious. AFP/GETTY IMAGES

happened." He declined to identify the other party member involved in what he termed "an altercation." THE ASSOCIATED PRESS

### IN BRIEF

#### UN has a new leader

Portugal's former prime minister Antonio Guterres, who was formally nominated on Thursday to be the next UN secretary-general, said he faces "huge challenges" and hopes to see unity and

consensus during his term. Security Council President Vitaly Churkin, Russia's UN ambassador, said members approved a resolution by acclamation recommending Guterres for a five-year term. THE ASSOCIATED PRESS

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## UNIVERSITY

## Commemorating 1976 Thai massacre

Buddhist monks, survivors, mourners and activists gathered Thursday to mark the 40th anniversary of one of the darkest days in Thailand's history, when police killed scores of university students at a peaceful protest, and vigilantes defiled the dead.

Students at Bangkok's Thammasat University had been protesting the return from exile of a hated former dictator in 1976 when they were trapped by a right-wing mob and heavily armed paramilitary police, who fired guns and grenades at the crowd of several thousand.

The official death toll was 46, though credible independent estimates put it at more than 100. The disorder was used as an excuse for the army to seize power later that day, undoing a student-led democratic revolution three years earlier.

The anniversary comes as Thailand is again under military rule since a 2014 coup.

"I would like to propose that the first necessary condition for democracy in Thailand is 'Mexit'; meaning the first necessary condition is to take the military out of politics," said Surachart Bamrungsuk, a former student leader who was present at the Thammasat tragedy and then was held in prison for two years on trumped-up charges.

The Thammasat massacre has always been a sensitive issue. The assault on the university showed how the state can carry out human rights abuses with impunity.

The incident has relevance to the current state of Thai politics because it becomes possible to continue to stage coup after coup while repressing dissent because those who have done so in the past have not been held to account," she said.

THE ASSOCIATED PRESS



A Thai Buddhist monk in front of Thammasat University in Bangkok, on the 40th anniversary of one of the darkest days in Thailand's history. SAKCHAI LALIT/THE ASSOCIATED PRESS

## Need legal help? Free Legal Clinic

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### NOTICE OF HEARING FOR PERMANENT GUARDIANSHIP ORDER TO:

#### Cheryl Applegarth

Take notice that on the **28th day of October 2016 at 2:00 p.m.**, at **Calgary Family Court, Courtroom # 1205, 601 – 5th Street SW, Calgary, Alberta**, a hearing will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order**; of your child born on **August 19, 2016**. If you wish to speak to this matter in court, you **MUST** appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director.

You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

Contact: Jackie Ellice; Leanne Baines; Daniella Eggink  
Calgary Region, Child and Family Services  
Phone: (403) 297-2978



**INDIA CONQUERING GOOD OVER EVIL** Gujarati dancers perform the 'dandiya raas' Oct. 5, during the celebration of the nine-day 'Navaratri' festival, in Bangalore, India. The festival, dedicated to the worship of the Hindu goddess Durga, is celebrated by Hindus around the world and symbolizes the conquest of good over evil. AFP/GETTY IMAGES

# Study shows apes think like humans

### SCIENCE

#### Primates able to see world from another's point of view

A new study finds that great apes show some key abilities to see the world from someone else's point of view — a trait once considered uniquely human.

The study published in Thursday's journal Science found chimpanzees, bonobos and orangutans seem to have this ability, even when they know that point of view is dead wrong.

Researchers in Japan, the United States, Germany and the United Kingdom put a specific part of theory of mind to the test — understanding that someone else may have false beliefs — and the apes passed.

Previous studies had not shown apes to grasp the complex concept of understanding others' false beliefs, said study authors Christopher Krupinye and Fumihiro Kano.

It's a concept humans develop around age four or five.

"Apes have some understanding of others' actions and can predict others' actions even when those individual[s] are acting on misinformation," said Krupinye, who conducted psychological research at Duke University. "This kind of skill is central to a lot of sophisticated human behaviour."

**Apes have some understanding of others' actions.**

Christopher Krupinye

Yale cognitive science professor Laurie Santos called the test results "really remarkable" but said she's reserving judgment because the study's sample size is small — 29 apes — and there is no good explanation why the apes passed this test and failed other, similar ones.

THE ASSOCIATED PRESS

### NOTICE OF HEARING FOR PERMANENT GUARDIANSHIP ORDER TO:

#### Levi Wells

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You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

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8	7	1	3	4	5	2	6	9
5	6	3	9	8	2	1	4	7
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1	5	4	8	7	9	6	2	3
7	3	8	5	2	6	4	9	1

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# Half of illegal border crossers get caught

## HOMELAND SECURITY

## Report points to security holes between U.S., Mexico

Immigration authorities caught just over half of the people who illegally entered the U.S. from Mexico last year, according to an internal Department of Homeland Security report that offers one of the most detailed assessments of border security ever compiled.

The report found that 54 per cent of people who entered illegally between border crossings got caught in the 2015 fiscal year. That's much lower

than the 81 per cent success rate that Homeland Security cited publicly using a different counting method.

The 98-page report was completed in May, and Homeland Security officials have declined to release it, despite urging from some members of Congress. The Associated Press obtained a copy from a government official involved in border issues who acted on condition of anonymity because the department has not made the report public.

The department said Thursday that the report was "one building block provided by a research organization" toward developing more reliable measures of border security and that its methodology needed

## refinement.

"DHS does not believe it is in the public interest to release, and it would be irresponsible to make policy or other judgments on the basis of analysis that is incomplete and remains a work in progress," spokeswoman Marsha Catron said.

The report offers some of the most detailed measures yet of how secure the border with Mexico is — a major issue in a presidential campaign that features Republican nominee Donald Trump calling for a wall along the entire 1,954-mile border. The report includes enough material to argue that the government has made big strides or that it is falling woefully short.

THE ASSOCIATED PRESS

### SECURITY

- 170,000 people got away from the Border Patrol during the 2015 fiscal year, 210,000 the previous year and 1.7 million in 2005.
- The huge drop over the last decade is largely explained by the decline in job opportunities since the Great Recession, with more Mexicans now leaving the U.S. than arriving there.
- The U.S. government now spends US\$14 billion annually on border security.



**BRAZIL DINO DISCOVERY** Brazilian scientists on Wednesday announced the discovery of what they say is the largest dinosaur ever found in South America's biggest country. Diogenes Campos, director of Rio de Janeiro's Earth Sciences Museum, named the 25-metre-long dinosaur *Austroposeidon magnificus*. TEXT: THE ASSOCIATED PRESS; PHOTO: AP/GETTY IMAGES

## COURT

## Maui's telescope permit gets thumbs-up

Hawaii's Supreme Court on Thursday affirmed a permit to build a solar telescope on a Maui mountain.

The ruling denies a challenge by a group seeking to protect the sacredness of the summit of Haleakala. The University of Hawaii followed proper procedures for an environmental assessment, the Supreme Court also ruled in a separate ruling.

Last year, eight people were arrested when protesters tried

to stop a construction convoy heading to the solar telescope site. Kahele Dukelow, one of the protest leaders, said opponents are disappointed and considering what their next steps will be. "We only have one alternative now," she said. "We have to continue to protest in other ways."

They hoped the decision would be similar to the court's ruling last year that invalidated a permit to build the Thirty Meter Telescope.

Attorneys representing the group that challenged the solar telescope's permit, Kilakila O

Haleakala, didn't immediately comment. Officials with the Daniel K. Inouye Solar Telescope also didn't immediately comment.

"We are still reviewing the full decisions, but we look forward to 'first light' when the Daniel K. Inouye Solar Telescope will open a new era of discovery, here in Hawaii, about the sun and its daily impacts on all life on Earth," university President David Lassner said in a statement.

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## ENERGY

## Projects not delayed by climate debates

New research suggests that polarizing debates over the impacts of climate change are not the driving force behind local opposition to major energy projects.

And that's something governments and regulators need to consider as they push the transition to clean energy infrastructure such as tidal power, wind farms and hydro electricity.

A report released Thursday at an industry-sponsored energy

conference looks at six controversial case studies across Canada, ranging from the Northern Gateway pipeline proposal in northern British Columbia to a gas-fired electricity plant in Oakville, Ont., and shale gas exploration in rural New Brunswick.

The joint project of the University of Ottawa and the Canada West foundation found that local communities are demanding a greater role in major infrastructure, whether it be wind farms,

### The days of trinkets and beads are over.

Perry Bellegarde, the national chief of the Assembly of First Nations

hydroelectric dams or pipelines.

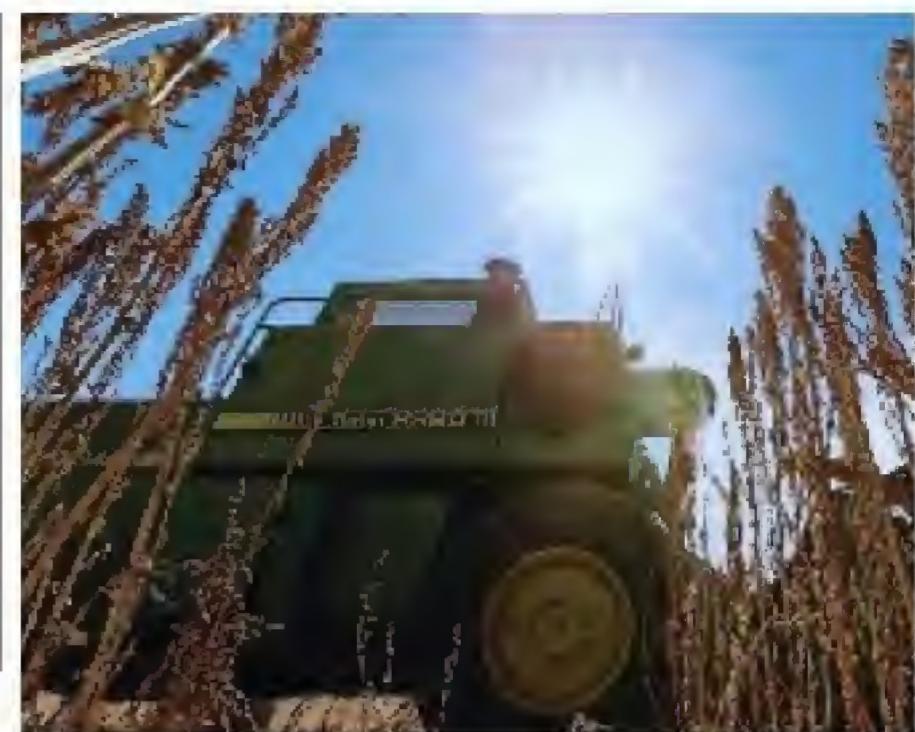
The study concludes that "the world of elite, centralized de-

cision-making is a thing of the past."

That was a central theme of Thursday's "Engage" conference at the University of Ottawa, where Perry Bellegarde, the national chief of the Assembly of First Nations, gave the keynote address.

"The days of trinkets and beads is over," Bellegarde told an audience of energy executives, policy experts and academics.

THE CANADIAN PRESS



**Farmer Sam McCullough** harvests quinoa near Sequim, Wash. in 2016. Quinoa, a trendy South American grain, barely has a foothold in American agriculture, but a handful of farmers are working toward changing that. TED S. WARREN/THE ASSOCIATED PRESS

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### AGRICULTURE

## Farmers now recognizing popularity of Andean grain

To the south of Nash Huber's farm fields are the Olympic Mountains, peaking at nearly 8,000 feet. Due north is the end of a channel of Pacific Ocean waters that separate the United States from Canada.

Yet in this corner of the country is where the 75-year-old Huber hopes the South American grain quinoa takes root. Last month, Huber harvested quinoa commercially for the first time on about 30 acres, making him the latest addition to a small number of U.S. farmers trying to capitalize on American eaters' growing demand for the Andean grain.

"It's a beautiful crop," Huber said as he surveyed his combine grinding the plants and spitting out the seeds. He chose a variety called Redhead, which turned his

field lipstick red for a couple of weeks before harvest.

Americans consume more than half the global production of quinoa, which totalled 37,000 tons in 2012. Twenty years earlier, production was merely 600 tons, according to the United Nation's Food and Agricultural Organization.

Yet quinoa fields are so rare in American farming that the total acreage doesn't show on an agricultural census, said Julianne Kellogg, a Washington State University graduate student monitoring quinoa test plots around the Olympic Mountains, including one next to Huber's field. A rough estimate puts the country's quinoa fields at 3,000 to 5,000 acres.

Quinoa has all the amino acids humans need, making it a complete protein, Kellogg said. That's hard to find in grain crops, she said. It's also gluten-free.

The grain's future is marked with possibilities, including milk, beer, cereals, hair products, snacks — products well beyond the salad bar.

THE ASSOCIATED PRESS

### IN BRIEF

#### Judge orders eBay to pay Montrealers \$86K after cancelling sneaker auction

A judge has ordered eBay to pay two Montreal brothers more than \$86,000 after the online auction giant took down their ad for a pair of highly prized Nike sneakers.

Kevin Mofo Moko and Sandrin Thierry Mofo Moko received a \$98,000 offer for a pair of Nike "Air Foamposite Galaxy 1"

sneakers they auctioned on eBay in February 2012 after paying \$320 for the shoes from a Montreal vendor.

Two hours before the auction's deadline, however, eBay took down the ad from its online platform. The brothers said eBay informed them there was a problem with their ad and the auction had to be cancelled.

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# metrSCIENCE

Your essential daily news

A study of animal videos on YouTube (really), researchers found that the bigger a creature's brain is, the longer they tend to yawn.



DECODED by Genna Buck and Andrés Plana

## THE PHYSICS OF BEER-CAN CHUCKING

The Toronto beer-can tosser is notorious by now, but there's disagreement about just how serious this crime could have been if a person's body was in the beer can's path. What affects a projectile's path, and the speed with which it hits the ground? Here are the basics — and yes, assuming the can was full, **it landed fast enough to hurt somebody**.



### INITIAL TOSS

The speed, direction and angle with which the beer-can-thrower lobbed his projectile affects the path it takes and how far it falls, — and the farther it falls, the faster it hits the ground.

**ACCELERATION**  
All objects accelerate toward the ground at the same rate: Their speed increases by 9.8 metres per second, every second. Thanks gravity!

### MASS AND AIR RESISTANCE

The mass of the can — a.k.a., how much beer is inside — doesn't appreciably affect how fast it accelerates toward the ground, but a light, empty can would be subjected more to the whims of the wind and would hit the ground with less force than a full, heavy one.

### FINAL IMPACT

If the tosser launched a full can of beer to a maximum height of **seven metres off the ground**, we calculated that it would hit the field at a final speed of about **40 km/hour** — plenty fast enough to give someone a concussion if they were in its path.

### FINDINGS

Your week in science



KEVIN GILFLICKR

### SEA SATURN'S MOON

Dione, one of Saturn's seven moons, has an icy ocean world under its crust, according to data from NASA's Cassini spacecraft. Scientists think it's been there almost since the moon was formed, increasing the odds there's microscopic life under there.

### PRIMORDIAL PROTEINS

Swiss researchers trying to reproduce the conditions on Earth 4 billion years ago mixed simple amino acids with volcanic gas and made complex, self-reproducing proteins called amyloids — precursors to life on earth.

### SOUND SMART

## BACKGROUND RATE

### DEFINITION

In biomedical science, the **background rate** is the rate an event (like a disease) normally occurs in a population — in the absence of the hazard or risk factor you're studying.

### USE IT IN A SENTENCE

Four babies have been born with birth defects in our neighbourhood in the past year, but that doesn't necessarily mean anything. There have been more than 100 new babies in total, and the **background rate** of birth defects is about three per cent of all births.

CITIZEN SCIENTIST by Genna Buck

## The depressing reality of birth control

A study of a million Danish women showed hormonal birth control is linked to depression. What? Why? — Lauren, Calgary

This was a long-term study and the results were clear and troubling: Users of hormonal contraceptives (patch, pill, shot, ring, hormonal IUD) had a higher risk of depression than non-users.

The connection makes sense given how female hormones affect the neurotransmitters that control mood, said Gail Robinson, who teaches psychiatry and obstetrics/gynecology at

the University of Toronto.

This finding has spurred a lot of justified freaking out and finger-pointing, such as from the Guardian's Holly Grigg-Spall: "No study will ever be good enough for the medical community to take women's experiences seriously."

It's true the depression-birth control link hasn't gained widespread publicity or credibility until now. And, subjectively, that's a bit lame for a 56-year-old drug.

But there are a few qualifiers to keep in mind. First, the increase in relative risk was not huge:

Women using the combination birth control pill were 1.23 times more likely to need antidepressants than non-users; for those on the levonorgestrel IUD (i.e. Mirena), it was 1.4 times.

Secondly, it's tempting to stuff new information into existing belief systems, but I think we should be cautious. In other words, there's lots of sexism in the medical world (and every world), but it doesn't automatically mean sexism is why individual doctors still prescribe the pill or why we don't have a male equivalent.

Non-hormonal methods (surgery, copper IUD) aren't for all of us, and women aren't fully in control of condoms or withdrawal.

"Postpartum is when women are most likely to develop ... depression," Dr. Robinson said. "Women who cannot control their chances of getting pregnant may risk having too many children close together or at difficult times in their lives, when they can't cope."

Science Question?  
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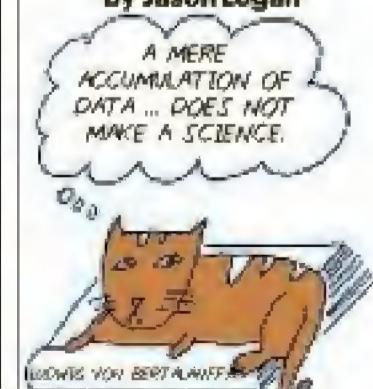
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# metr WEEKEND

You essential daily news

MOVIES MUSIC TELEVISION DIGITAL



Emily Blunt says playing an alcoholic divorcée in the recently-released *The Girl on the Train* was “the most challenging thing I’ve ever done.” CONTRIBUTED

## Bring on the Blunt-force drama

IN FOCUS

### The Girl on the Train actress consistently steals the show

**Richard Crouse**  
For Metro Canada



The first time most of us noticed Emily Blunt she was “on-the-edge of sickness thin.” To play Emily Chalton, the prickly first assistant to the editor in *The Devil Wears Prada*, Blunt dropped pounds from her already slight frame.

“It wasn’t like doughnuts were snatched out of my hand,” laughs the 5’ 7½” actress, but she was encouraged to slim down. So much so she would occasionally cry from hunger during the shoot. Luckily, though rake thin, she still had the energy to steal the movie from her more seasoned co-stars, Meryl Streep and Stanley Tucci.

Although the character fell directly into the love-to-hate-her category, audiences found Blunt irresistible. Her mix of vulnerability and fork-tongued charm earned the title Best Female Scene-Stealer from Entertainment Weekly and nominations for everything from a Teen

#### MOVIE RATINGS by Richard Crouse

**The Girl on the Train** ★★  
**Denial** ★★★★  
**The Birth of a Nation** ★★★  
**Two Lovers and a Bear** ★★★★

HOW RATING WORKS  
★★★★ SEE IT  
★★★ WORTHWHILE  
★★ UP TO YOU  
★ SKIP IT

Choice Award to a Golden Globe.

This weekend she plays a much different character in the much-anticipated thriller *The Girl on the Train*. Based on the Paula Hawkins bestseller — 11 million copies sold and counting — it’s a dark cinematic journey into a missing person’s case. The 33-year-old actress says playing

an alcoholic divorcée who witnesses a crime from a train window, “the most challenging thing I’ve ever done.”

Early reviews are strong. Variety raved she “excels as the broken-down heroine.” Those kind of kudos are an echo of her much-admired, though lesser seen work, in the U.K.

We’ve also seen her as an over-sexed young women opposite Tom Hanks in Charlie Wilson’s War, warbling Stephen Sondheim’s rich Into the Woods score, riding a polar bear in *The Huntsman: Winter’s War* and dressed as Princess Diana in the quirky rom-com *Five-Year Engagement*.

She’s done action in both *Sicario* and *Edge of Tomorrow* (later renamed *Live. Die. Repeat.* for home release). Big budget blockbusters don’t usually make room for female characters unless they are sidekicks or girlfriends. In *Edge of Tomorrow*, Blunt avoids being objectified and is as strong, if not stronger than co-star Tom Cruise.

In *Sicario* she’s part of an elite task force stemming the flow of drugs between Mexico and the U.S. A multi-farious mix of vulnerability, stone cold confidence and outrage, she delivered the most interesting female action star since *Mad Max: Fury Road*’s Imperator Furiosa.

Next up her diverse career is the lead in *Mary Poppins Returns*. She says she’s nervous because the flying nanny is “such an important character in people’s childhood,” but has been given the thumbs up by the original Mary, Julie Andrews. “It was lovely to get her stamp of approval. That took the edge off it, for sure.”

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Kim Nguyen, right, director of *Two Lovers and a Bear*, and a still of the polar bear Agee (voiced by Gordon Pinsent) from the film. CONTRIBUTED

## Bear witness to this icy, tainted love tale

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### FILM

#### Kim Nguyen's latest is surreal and covers several genres

**Richard Crouse**  
For Metro Canada

The story of two star-crossed lovers on the run from bad memories is at the heart of *Two Lovers and a Bear*, a new Arctic-set film from Rebelle director Kim Nguyen.

Counselling the couple is a talking polar bear, a philosophical addition to a movie that is part romance, part thriller and all icy cold isolation.

Montreal native Nguyen says the script for the film evolved over time, but many of the elements, including the talking bear came to him on a stop-over at the Amsterdam airport.

"I was reading Kafka on the Shore by Haruki Murakami," he says. "There are weird gods in the book, kind of like imperfect Greek gods with flaws. It dawned on me that I should have something like an imperfect, flawed deity in the film."

At the same time he noticed the airport's giant brass teddy bears and voilà, the idea of an advice-giving polar bear was born.

The bear, played by a real polar bear named Agee and voiced by acting legend Gordon

Pinsent, is the most fanciful part of a film that sees Lucy and Roman, played by recent Emmy winner Tatiana Maslany and Dane DeHaan, embark on a physical and metaphysical journey to confront their troubled, violent pasts.

"I've seen a lot of people like that," Nguyen says of the people he met in Nunavut, "(people) who just can't connect with an organized, dense, compact society. They have to go up North and that's why you meet very interesting, unique characters up there. Often it is the people who don't cope with societal norms."

Nguyen's unpredictable story intensifies with every twist, finding depth as the volatile Lucy and Roman explore the vast white expanse of their home and their innermost fears.

The lead actors have some heavy lifting to do to navigate the film's many shifts from comedy, to psychological drama and isolationist horror.

To survive the inhospitable cold of their home both must be strong willed characters but both also wear their fragility on their parka sleeves. As such, Maslany and DeHaan are perfectly cast.

"We met a lot of people,"

says Nguyen. "At the beginning it wasn't defined exactly who Lucy was going to be; where she would come from. We wanted to keep it open with the casting. Tatiana came a little later on. We didn't even think about her. Coming off of *Orphan Black* the casting director said, 'Why don't we try her? She's versatile. She has range.' She was gracious enough to do a screen test. She blew us away. She was totally way up there in the truthfulness and the authenticity. She is really someone who is able to connect. Kind of like Dane."

"I discovered Dane when I saw *Place Beyond the Pines*. When I saw that, I was certain that Dane wasn't a trained actor. He was so authentic I assumed he was this guy who had this one role in him. Then I learned he was a trained actor and was really impressed by his performance."

The six-week Nunavut shoot was gruelling for all, requiring physical stamina and a trait Nguyen calls "one of the biggest, most important qualities"—fearlessness.

"Dane and Tatiana have that," says the director. "They dive in and they are not analyzing their performance as they're playing it."

**It dawned on me that I should have something like an imperfect, flawed deity in the film.**

Director Kim Nguyen

# Doc links slavery to mass imprisonment



Ava DuVernay, left, and Angela Davis during the filming of *The 13th*. NETFLIX

THE 13TH

## Ava DuVernay traces film's origin back to her childhood

Ava DuVernay's documentary *The 13th*, on mass incarceration and its deep, historical roots in America, has been welling up in her a long time.

The film, which DuVernay secretly worked on the last few years, is her third major work to deal with the subject. Her second feature, *Middle of Nowhere*, is about a woman coping with her husband's imprisonment. Her recently debuted OWN series, *Queen Sugar*, features a character six months out of jail. But DuVernay traces the film's origin back further, to when she was a child in Compton.

"Even as a little girl, I'd always tell my mom two things," DuVernay said in a recent interview. "Sometimes we'd pass by a place around the neighbourhood and I'd say, 'If I'm ever homeless, I'm going to put my sleeping bag and shopping cart there,' like under the freeway pass. And I'd say if I ever go to jail, I'm going to try to bring this one thing."

"I saw homeless people and I saw people going to jail," she says. "So it's always been on my mind."

DuVernay's feature film follow-up to her acclaimed, Oscar-nominated (and famously Oscar-snubbed) civil-rights epic *Selma* isn't an awards-friendly period drama or some other predictable next step but a powerfully

holistic documentary about race and imprisonment.

Debuting in theatres and via Netflix on Friday, *The 13th* takes its name from the amendment that abolished slavery "except as a punishment for crime." In the film, criminalization — from Reconstruction-era to modern-day police brutality — is subjugation by other means.

Mass incarceration (the U.S. makes up 25 per cent of the world's prisoners despite being five per cent of its population) has emerged as a rare bipartisan issue in recent years. But *The 13th*, the first documentary to ever open the New York Film Festival, seeks to put the problem in a broader social and racial context that dates back to slavery.

"There are some real clear-cut, widely known, academically vetted cultural seeds that were planted way back that are blossoming now," DuVernay says. "We can no longer say that prison is a place bad people go because it's much more complicated than that."

The two years between *Selma* and *The 13th* bracket considerable turmoil for both race in America and equality in Hollywood. The perceived snub of David Oyelowo for *Selma* helped kick off the "OscarsSoWhite" backlash that drove the Academy of Motion Pictures to diversify its membership.

But the Oscars, she says, are no longer on her mind.

"Since *Selma*, I think about it hardly ever," says DuVernay, a publicist before she was a filmmaker. "I don't know if it's been being supremely and incredibly busy or if it's just been: 'Did it,

saw what it is, and I'm good.' There are other ways to measure achievement in my mind these days."

DuVernay is currently in pre-production on Disney's *A Wrinkle in Time*, an adaptation of Madeleine L'Engle's 1963 fantasy classic. She earlier flirted with directing Marvel's *Black Panther* before ultimately passing.

"At times, things have come up that on the surface looked attractive," she says. "To me, I always try to think about my day. Life is short. That's kind of how I looked at it, from a very personal place as opposed to a strategic, professional, this-will-get-me-further-on-the-board place."

Having come out of independent film, where her biggest budget was \$20 million for *Selma*, DuVernay is relishing her Disney experience. "There are parts of filmmaking that I never even knew existed," she says, laughing. The film is the first \$100-million-plus movie to be directed by a woman of colour.

"Those things — first black woman at Sundance, Golden Globes, Oscar best-picture — don't really get my blood up just because it's bittersweet," DuVernay says. "It's ridiculous these things are happening in 2016 when there have been so many talented women not given the opportunity. It's not about my achievement, it's because someone decided it was the time and I was there."

DuVernay grants that releasing *The 13th* in an election year is "purposeful." Donald Trump is shown in the film, pledging that he's the "law and order" candidate — the kind of language, the film argues, that has long been a kind of code.

"What I hope it does is just change people's minds," says DuVernay. "If we all start to think about a social ill differently, it can change." THE ASSOCIATED PRESS

**We can no longer say that prison is a place bad people go because it's much more complicated.**

Ava DuVernay

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# An uncomfortable yet urgent watch

HISTORY

**Film honours the memory of a 19th-century slave rebellion**

**Peter Howell**  
Torstar News Service

Can we forget the past even while being summoned to remember it?

That's the conundrum of *The Birth of a Nation*, Nate Parker's provocative drama of America's bloodiest slave rebellion, which the actor and filmmaker directed, co-wrote and stars in, and which sold for a record \$17.5 million (U.S.) following its ecstatic Sundance premiere.

Parker wants the world to recall a man and a story ill-served by history books: Nat Turner, an American-born slave turned Baptist preacher, who led an 1831 Virginia uprising that left 60 slave owners and 200 slaves dead through violent confrontation and retribution. It's a message and memory the film capably and viscerally honours.

Yet the first-time filmmaker doesn't want any rekindling of the collective conscience regarding his own disturbing past. In 1999, Parker and his Penn State University roommate Jean Celestin (later his screenplay co-writer) were charged with raping an intoxicated and unconscious fellow student.

Parker was acquitted at trial and Celestin was convicted (it was overturned on appeal), but the complainant, who was then 18 years old, always felt she'd been denied justice. She committed suicide at age 30 in 2012.

The rape allegation has

stuck to Parker and *The Birth of a Nation* since the 1999 story broke wide in late August. Parker hasn't helped his situation or that of his movie by steadfastly refusing to apologize for his actions, which he puts down to youthful indiscretion and false accusation.

He and Celestin have also made rape a central part of *The Birth of a Nation*, as Parker's Turner is galvanized to lead the anti-slavery rebellion after his wife (Aja Naomi King) is sexually assaulted by slave owners led by a vile redneck (Jackie Earle Haley). Another rape — both happen off-camera — involves a character played by Gabrielle Union.

*The Birth of a Nation* is a film for alert minds, even those that can't — and shouldn't — forget the past and present behaviour of its maker.



**I am 36 years old right now. My faith is very important to me, so looking back through that lens, it's not the lens I had when I was 19 years old.** Filmmaker Nate Parker

Young Nate grew up almost as a member of her family, befriending the woman's son Samuel (played by Armie Hammer as an adult) while still

literacy and Bible knowledge. Samuel starts hiring him out as an itinerant preacher to neighbouring slave owners, who hope his hellfire-and-damnation speeches will quell rumbles of rebellion. The opposite occurs, once Nate is fully apprised of the horrors visited upon his fellow slaves.

The film bears obvious comparisons to *12 Years a Slave*. But *The Birth of a Nation* is an even rougher and more intense experience than its Oscar-winning predecessor. One scene depicts the force-feeding of a slave on a hunger strike, who first has his teeth knocked out by a hammer.

Another grim scene has the camera moving backwards through a forest of dead slaves hanged as punishment for challenging their white masters. Nina Simone's haunting version of "Strange Fruit" plays on the soundtrack.

After three viewings, the most significant thing about *The Birth of a Nation* is its depiction of Nat Turner's transformation from a docile slave into a righteous rebel and free man. His conscience was moved by what he learned and he took action to right a wrong. The same might not be said about Parker, but his film is worth seeing regardless.



Nate Parker, centre, as Nat Turner, who is transformed from a docile slave into a righteous rebel and free man in *The Birth of a Nation*. His film honours the memory of a 19th-century slave rebellion even as his own past raises troubling questions. JAHI CHIKWENDU/HANDOUT

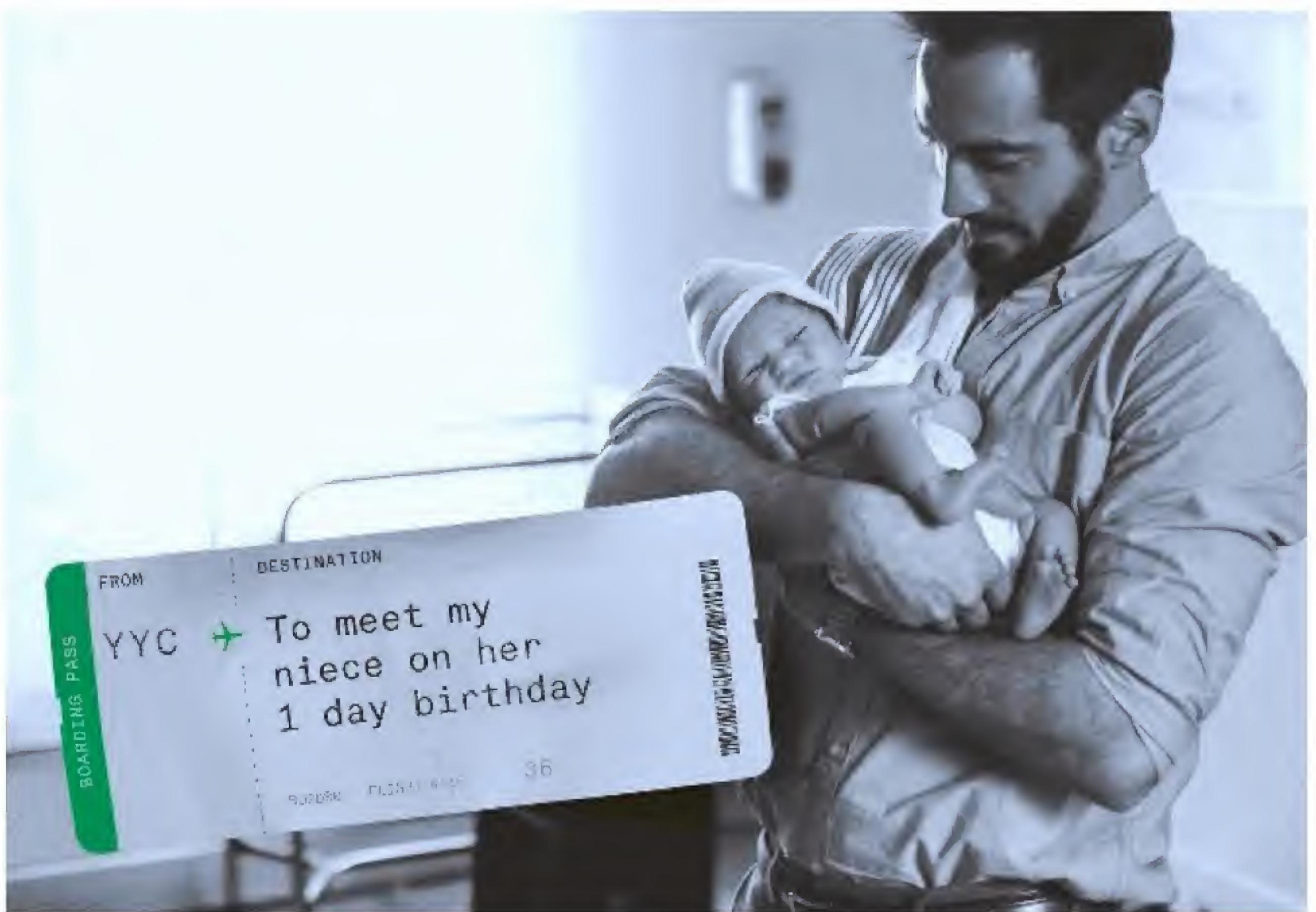
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# There is such thing as bad publicity

LEGAL BIOPIECE

**Rachel Weisz helps expose Holocaust deniers**

**Richard Crouse**  
For Metro Canada

"I can't understand why people don't always say what they are thinking," says Emory University professor Deborah E. Lipstadt. "I'm missing a certain filter. I say what I think."

Lipstadt, a specialist in modern Jewish history, emerged into public life from academia as the subject of a 1996 lawsuit brought against her by self-taught British historian and Holocaust denier David Irving. Irving, upset she singled him out in a book as a less-than-reputable historian, launched a libel lawsuit claiming Lipstadt and her publisher were part of a worldwide conspiracy to rob him of his livelihood.

Donations from benefactors like Steven Spielberg paid for the gruelling eight-week, £3,000,000 trial which boiled down to one main question: Is Irving a liar and a falsifier of history or simply a historian who sees things from Hitler's point of view? The stakes were high; if Irving won, his account of history would be given credence.

The sensational court case is chronicled in *Denial*, a new film starring Rachel Weisz as the outspoken academic.

"In the story of this trial and this case, a lot of very good



**"It's fun being you," says actor Rachel Weisz to Deborah E. Lipstadt, who are both pictured here the set of *Denial*. Weisz filmed the outspoken historian on her iPhone to capture her personal history, mannerisms and attitude.** CONTRIBUTED

people said to me, 'Don't do it,' Lipstadt says. "A lot of people didn't want me to do it because

they thought I'd be giving him publicity. How do you fight bad people without building them up and giving them a billion dollars of free publicity?"

But the publicity helped ex-

pose Irving and other deniers, says Weisz.

"I think the more people who know that the better. Most people don't know who David Irving is. He has his core group of followers and they're going to be very happy about this publicity. Or not. I don't know

how they're going to feel about this, but it is more important that people should know about it. And nobody does. It doesn't really bother me that he's getting publicity. It's not good publicity."

"I think Rachel is right," says Lipstadt. "It's a balance. I knew

fighting him would give him publicity but it would serve a purpose."

The British actress says capturing Lipstadt's essence — from the heavy Queens accent to her personal boldness — was "a beautiful, delicious challenge."

"Deborah came and hung out with me in New York," says Weisz, "sat in my kitchen for two days straight. I filmed her on my iPhone so I would be able to look back at it. Deborah told me stories about her childhood, her parents and about the trial. It was just being able to be near her and soak up her spirit and attitude and find the places where we intersect as people. There are some (people) when you find that you think, 'I could be this person if my life had gone differently.' It became imaginable to me then that I could be Deborah had my life gone that way."

Lipstadt describes watching Weisz's performance as "an out-of-body experience," adding that her friend, legal eagle Alan Dershowitz wrote her a note, saying, "She catches your accent but even more she captured your attitude."

"It's fun being you," says Weisz. "I enjoyed it. You get to say what you think. I like it, it's very healthy. Get it out."

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After a decade, *Murdoch Mysteries* is still growing in popularity. It drew an astonishing 1.4 million viewers per episode last season. CONTRIBUTED

# Our enduring love of all things Murdoch

## INTERVIEW

**Yannick Bisson reflects on a decade of wild success**

**Steve Gow**  
For Metro Canada



One of Canada's greatest mysteries is the ongoing success of *Murdoch Mysteries*.

After all, the longtime CBC series has not only beat the odds by heading into its 10th season (starting October 10th, fittingly), but it's still gaining in popularity nearly a decade after making its television debut.

"It's a little bit surreal," said star Yannick Bisson recently about the series' staggering success.

"It really comes to the forefront when fans bring up some of the earlier episodes and talk about what it means to them. I mean, we spend a few days with each episode, they spend years with them

— they know them intimately!"

As thrilled as he is, the actor who plays the turn-of-the-century detective has no clear answers as to why the show strikes such a chord that it drew an astonishing 1.4 million viewers per episode last season.

"With everybody that I talk to, it seems to be something different," explained Bisson. "People have different things that they like about it. And it's never really what you expect."

Combining elements of crime, comedy and historical fiction, *Murdoch Myster-*

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## BITS FROM BISSON

**Embracing Murdoch's roots:** "We actually accentuate the Canadiana of the show," said Bisson. "And really, I think it attracts people to our country and attracts people to the culture that we have here that's unique."

**Season Ten's stars:** "We've done a great job and people are eager to be on our show," said Bisson of the growing list of famous guest roles, which this season includes *Downtown Abbey*-star Samantha Bond. "It's a testament to the caliber of what we put out that

people are willing to cross the pond."

**Canada's top talent:** "I think entertainment as a whole is getting better, everywhere," said Bisson. "(But) our creative people here in Canada are just flat out the best in the world."

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Humorist Jesse Watters' piece on **The O'Reilly Factor** is being called racist and demeaning to Asian-Americans. YOUTUBE/SCREENGRAB



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# Fox News under fire for 'racist' segment

## WATTERS WORLD

### Activists fume over offensive stereotypes in O'Reilly Factor

Watchdog and activist groups are outraged by a Fox News Channel segment in which an interviewer asked people in New York's Chinatown if he was supposed to bow to greet them, if they were selling stolen goods and if they could "take care of North Korea for us."

Several organizations condemned humorist Jesse Watters' piece on **The O'Reilly Factor**, calling it racist and demeaning to Asian-Americans.

"It's 2016. We should be far beyond tired, racist stereotypes and targeting an ethnic group for humiliation and objectification on the basis of their race," Asian American Journalists Association President Paul Cheung said in a letter to Fox that was posted online. He is also the director of interactive and digital news production for The Associated Press.

**It's 2016. We should be far beyond tired, racist stereotypes and targeting an ethnic group for humiliation and objectification on the basis of their race.**

Paul Cheung

Cheung called on Fox to apologize to the Asian-American community and asked for "an explanation for how this type of coverage will be prevented in the future."

Watters asked people on the street about the presidential race, sought a demonstration of karate and showed footage of him getting a pedicure.

At one point in Monday's nearly five-minute segment, an elderly woman's silence in response to a query was paired with a clip from Mel Brooks' *Young Frankenstein*, in which Madeline Kahn shouts, "Speak, speak, why don't you speak!"

Gregory A. Cendana, executive director of the Asian Pacific

American Labor Alliance, criticized the report.

The coverage, including making "fun" of the Chinese elder, "played into the exoticization and status of perpetual foreigner" of the Asian-American community, Cendana said in a statement.

After the Watters World report concluded, Bill O'Reilly called it "gentle fun," adding, "we're gonna get letters, inevitably."

On Wednesday, the Asian Americans Advancing Justice affiliation said it was outraged by the "blatant, racist and offensive stereotypes of Chinese Americans."

"It is unconscionable that a news organization would sanction a segment that laughs at a community of people, including Watters ridiculing elderly Chinese Americans who were limited English-proficient," the group said.

U.S. Rep. Ted W. Lieu, D-California, weighed in as well.

"Note to Bill O'Reilly and Fox News: Your recent segment mocking Asian American voters and using every conceivable stereotype was, at best, racist and, at worst, really racist. I am not 'patient' or 'gentle' nor

do I 'bow' when I say hello or know 'karate.' So let me gently say this: if you are not racist at heart, then you would apologize. Immediately," Lieu said in a statement.

Asked for a response to critics, Fox directed attention to two Twitter posts Wednesday by Watters.

"As a political humorist, the Chinatown segment was intended to be a light piece, as all Watters World segments are," he wrote.

"My man-on-the-street interviews are meant to be taken as tongue-in-cheek and I regret if anyone found offence," Watters' second tweet said.

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GRAEME OF THRONES

## Canuck GoT actor heads to the stage

Game of Thrones actor Michael Condron has no recollection of his Canadian birthplace but his love of the country's national pastime runs deep.

Condron relocated from Toronto to Northern Ireland around the age of two but he's a long-time NHL fan. He tunes in to league games on satellite TV and watches a professional team in Belfast, which once featured retired Canadian star Theo Fleury.

"It comes from my family's time over there," said Condron, who portrayed Bowen Marsh, the first steward of the Night's Watch, on the smash HBO fantasy epic. "We're a big soccer family, but when my parents moved there, there was no soccer on TV, so my father had to pick up a sport... He's a big Chicago Blackhawks fan."

Condron is returning to Toronto to showcase his comedic chops in Graeme of Thrones, a theatrical parody of his hit TV series.

Debuting Tuesday at the Panasonic Theatre in Toronto, the acclaimed production centres on Graeme (Ali Brice), a diehard Game of Thrones fan seeking to



Michael Condron.

PAUL WILKINSON/THE CANADIAN PRESS

adapt his favourite fantasy series for the stage.

Graeme enlists Bryony (Libby Northedge), the girl he used to like at school, as well as his best pal Paul (Condron) to make the project a reality. The challenge? Recreating the sprawling world of Westeros without the same budget, or cast — or performance skill.

"Watching his struggle to pull all of the strings, to keep everything together, to have his vision of the show on the big stage is comedy in itself," said Condron.

THE CANADIAN PRESS

### MOVIE BRIEFS

#### Rush doc heads to Canadian cinemas

A documentary on the Canadian rock legends that make up Rush, narrated by actor Paul Rudd, will screen in Canadian cinemas for one night only next month.

Music publishing and rights management company ole says *Rush: Time Stand Still* will screen in over 50 Cineplex and Landmark theatre locations on Nov. 3.

Tickets go on sale on Friday.

The doc is an intimate look at the band's R40 tour — which is possibly their last — and also profiles their relationship with their fans.

The Nov. 3 event will include a bonus screening of the short film *Rush: A Salute to Kings*, in which rockers including Gene Simmons, Chad Smith and Taylor Hawkins share stories about Rush.

Rush has sold more than 40 million records worldwide.

THE CANADIAN PRESS

# Rob Ford saga inspired CBC show



Actors Lyriq Bent and Elyse Levesque, right, star in *Shoot The Messenger*. Levesque plays a newspaper reporter caught in a web of gangs, murder and politics in Toronto. CONTRIBUTED

#### CREATOR INTERVIEW

## Shoot the Messenger a series of sex, drugs and politics

A co-creator of the new CBC-TV crime drama *Shoot the Messenger* insists it's not a story about Rob Ford.

But Sudz Sutherland does admit he was inspired by the saga of the late former Toronto mayor as he helped craft the series, which stars Elyse Levesque as a newspaper reporter caught up in a web of gangs, murder, sex, drugs and politics in Toronto.

"It's not the Rob Ford story but ... we were all inspired by that and I thought that unmasked a lot of what was going on behind the scenes of the city," said Sutherland, who created the show with his wife Jennifer Holness.

"We thought, 'Hmm, that's really interesting,' so we wanted to actually explore these relationships between people who are super rich and political people with political power and people who are business leaders but have these skeletons in their closet."

Debuting Monday, the serialized show follows Levesque's character Daisy as she witness-

es and then investigates the murder of a young Somali man.

Lyriq Bent plays the lead homicide detective, who is also Daisy's secret lover.

"A huge influence for me was Claire Danes of *Homeland*. That was a big inspiration for finding this person," said Levesque, who hails from Regina.

"But other than that I didn't base it on any actual living human being."

Co-stars include Alex Kingston as Daisy's editor, Lucas Bryant as her co-worker, Hannah Anderson as her sister, and Ari Cohen as the attorney general.

Guest stars include Barenaked Ladies lead singer Ed Robertson and former NBA stars Jamaal Magloire and Rick Fox.

"We've got the attorney general and we've got a group of young Somali men, so we took the barest piece of the Rob Ford stuff and that inspired us," said Sutherland.

"Then we also took a young reporter — nothing to do with the Rob Ford story — but we

took somebody who actually witnessed a crime. So that was something that was really interesting to us, the fact that Daisy witnessed a crime and what would that be like if a reporter kind of becomes the story?"

Sutherland, who is also a director on the show, said he and Holness wanted *Shoot the Messenger* to have the same characteristics of a Netflix or HBO series.

"We wanted to bring that to the CBC, that highly serialized, really great, fun, guilty-pleasure-type show, things like *Scandal*."

He and Holness spoke with Toronto cops and reporters "to actually get into the underpinnings of what's going on in the city," he said. "We really learned so much about how people really get down in the world, because there's a facade of how we think people behave, but really how people behave behind closed doors is really, really interesting. So that's the story we wanted to tell."

THE CANADIAN PRESS

**It's not the Rob Ford story but... we were all inspired by that and I thought that unmasked a lot of what was going on behind the scenes of the city.**

Series co-creator Sudz Sutherland

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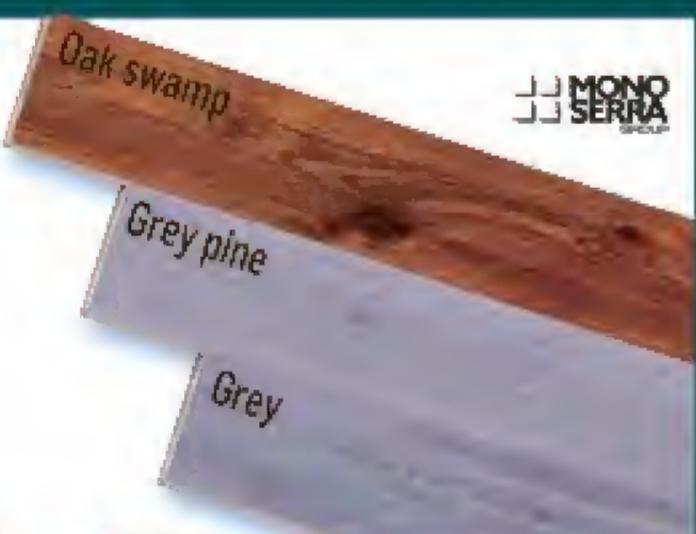
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# After ditching a controversial name

ON TOUR

## Band formerly known as Viet Cong is moving on

Any publicity might indeed be good publicity in the grand, promotional scheme of things, but being in the eye of a storm of negativity can feel anything but good.

The four members of Calgary's Preoccupations got a taste of the full spectrum of exposure when they issued one of the best records of 2015 two Januaries ago under the casually, ill-chosen band name Viet Cong.

Soon, the thing blew up big enough to cross the radar of people sufficiently versed in 20th-century Vietnamese history to take offence at the prospect of an art-punk band from Calgary calling itself Viet Cong.

Cue social-media pillorying, protests outside shows on both sides of the border and an eventual promise from Viet Cong that it would soon change its name leading up to its appearance at the 2015 Polaris Music Prize gala, where Viet Cong still managed to get shortlisted as one of the Canadian critical intelligentsia's 10 favourite albums of the year.

The fuss, perpetuated in part by fellow musicians who might have been expected to understand the logistical and contractual difficulties involved in suddenly switching names in the middle of a 200-date touring itinerary, continued until Viet Cong finally announced it



**Calgary post-punks Preoccupations, formerly known as Viet Cong, says they're almost at a point where people are more concerned with their music than their band name. They have an icily excellent new eponymous LP out.** COURTESY ALESSIO BONI

would become Preoccupations this past April.

Even then, some weren't satisfied, but the new name came from Preoccupations' friend, fellow Calgarian and Flemish Eye Label overseer Chad VanGaalen and not from any snarkiness on the part of Preoccupations itself so, as frontman/bassist Matt Flegel recently put it to the Calgary Herald: "Chad's the one, if anyone's got a problem with it."

Regardless, promo duties in service of Preoccupations' icily excellent new, eponymous LP remain largely, yes, preoccupied with the lingering Viet Cong controversy.

"It was a weird thing to have to deal with," says Flegel, sipping a couple of midday cocktails with guitarist Scott "Monty" Munro on the edge of Parkdale during a recent visit to Toronto.

"I'm kind of glad to just be moving on. It's almost at the point where people are more concerned with the music than the band name, which is great, because that's really the only reason we do this: to make music. That's what we do."

"It was definitely unexpected. We didn't know that we were gonna get any attention whatsoever. And, I mean, if we did know that we probably

wouldn't have called the band Viet Cong from the get-go, you know? We had no idea. It was a garage project. We were just f-ing around in Monty's basement. It was a recording project. That was all it was. We never thought it was gonna become a 'thing,' necessarily."

As Viet Cong became a "thing," the band's international touring schedule grew grueling enough to at least distract it from the mounting controversy around the name and to

keep "our minds on our job, which is to travel from place to place and make music and, hopefully, make people happy ... unless there were, like, ac-

tual protests going on outside the venue," says Flegel.

Eventually, however, the problem grew too big to ignore and, by September 2015, the decision was made to retire the Viet Cong moniker.

"All the conversations we had that actually led us to change it were with Vietnamese protesters," says Munro. "On the west coast of America we actually had some good interactions with protesters."

New name aside, Preoccupations, the album, picks up where the anxious post-punk experimentalism of Viet Cong left off, leavening the obsidian, death-obsessed mood ever

so slightly with a more pronounced presence of crystalline synths in the mix and Flegel's most upfront, confident and melodic vocal melodies yet.

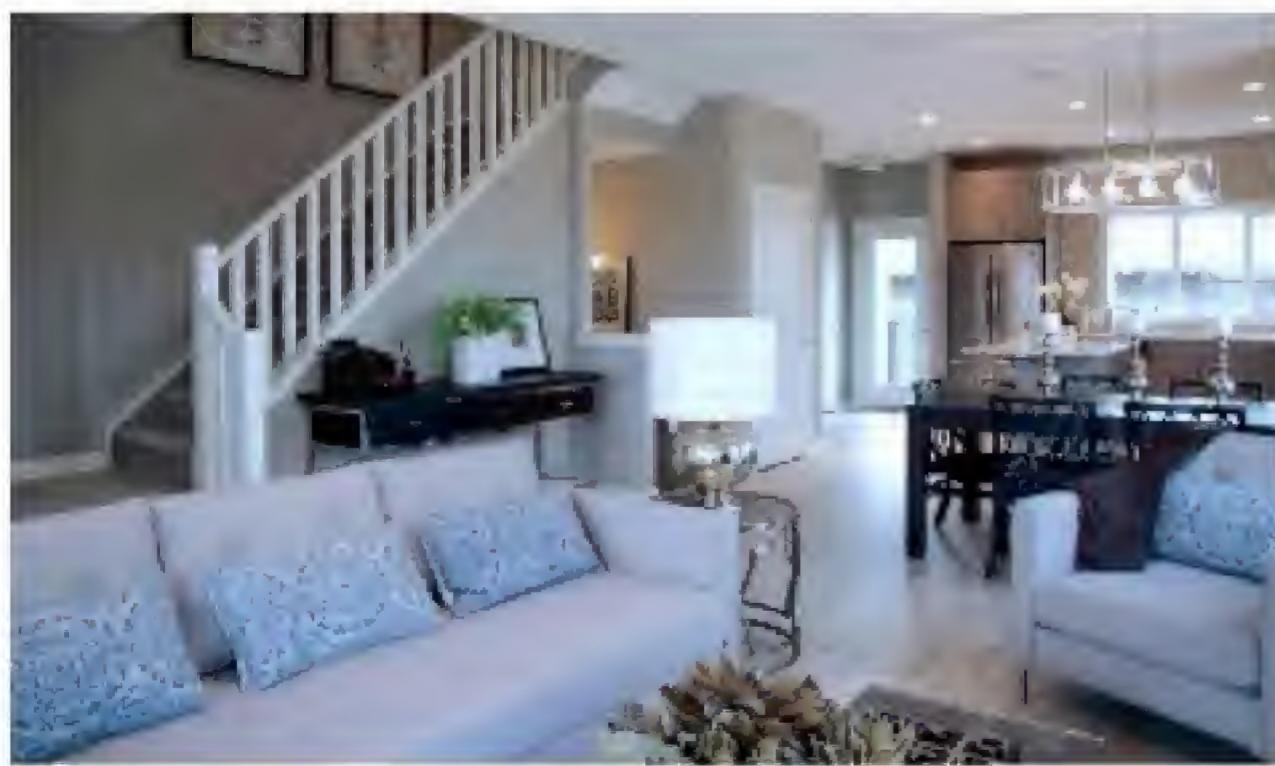
It's a deceptively tuneful recording, informed by an appreciation for the sort of dour, rhythmically rigid blackness the likes of Wire, Joy Division, Echo and the Bunnymen and the Psychedelic Furs were getting up to as the '70s tilted into the '80s.

By Flegel's own admission, "it's pretty heavy handed" and "kind of ridiculous." But Preoccupations have no interest in making it easy on listeners.

"We don't want to," says Flegel. "A lot of that is selfish because we want to make music that we're happy and excited to play every single day, or for an eight-and-a-half week tour. We want to make things that we can still be excited about on a night-to-night basis. It's challenging for everyone else, but it's also challenging for us. And if we're excited about playing the songs I think that translates into the live show a lot. I see a lot of bands playing who are just going through the motions, you know?"

"I'm curious to see how this all goes down. I think we made an OK record, but I think audiences are pretty fickle these days. Our fan base is generally 25- to 40-year-old music nerds, so when it comes to the press we're usually OK, because that's most of the press. But I feel like this one's got a little more pop to it than the last one, so we'll see — maybe we'll get, like, a lady fan this time around. Probably not. But maybe."

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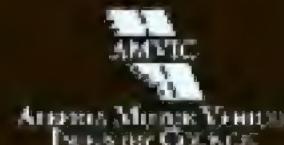
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# Doubting the truth in a blood-shot lens

## NON-FICTION

## Altamont delves into '60s shooting at rock show

A young man standing in front of Mick Jagger at a Rolling Stones concert brandishes a .22 automatic revolver. The youth is savagely knifed to death by a Hells Angel biker working as band security.

The shocking pas de deux sears the eyeball, 46 years after the fact and no matter how many times you see it. Caught on 16mm film for the documentary Gimme Shelter, the sequence is shorter than the Zapruder footage of the assassination of John F. Kennedy, and almost as momentous.

To many people, the killing of 18-year-old Meredith Hunter on Dec. 6, 1969 at the Altamont Speedway rock festival near San Francisco was more than random violence. It tolled the death knell of the flower power 1960s, which had reached their zenith at the Woodstock festival just a few months earlier.

And the commanding story

of Gimme Shelter, a 1970 doc directed by award-winning filmmakers Albert and David Maysles with Charlotte Zwerin, laid out a narrative of the Stones as innocent victims of the bloodthirsty Angels.

Jagger, bandmate Keith Richards and others are seen vainly attempting to stop violent acts between the bikers and concertgoers, which occurred throughout the hastily conceived and badly managed fest attended by 300,000 people.

The camera never lies, right? Except maybe it does, argues Joel Selvin, a rock critic and author formerly with The San Francisco Chronicle. His new book Altamont: The Rolling Stones, the Hells Angels and the Inside Story of Rock's Darkest Day, the product of years of research and more than 100 interviews, argues the famed documentary distorts the truth. The Maysles and Zwerin, now all deceased, were working for the Stones, who owned 50 per cent of the film and who continue to roll to this day.

"The movie is largely an excuse by the Stones," Selvin says from San Francisco.

"It excuses the Stones. It uses a lot of dubious editing. (The filmmakers) take stuff out of



Mick Jagger, top photo, sings at the Altamont Rock Festival at Livermore, Calif., in this Dec. 6, 1969 file photo while Hells Angels cross stage during melee to help fellow motorcycleists. At the bottom Jagger looks at the motorcyclists after they dragged onstage an unidentified person whom they mauled during the concert. AP PHOTO

time. The actual breakdown of the concert is much more severe than their version of it. It lasts much longer and there's much

more chaos on stage. The Angels were convenient paint-by-numbers villains."

As an example of misleading

editing, Selvin points to a scene late in the film where the motionless figure of Meredith Hunter is strapped to a gurney behind the stage. A jump cut shows a helicopter leaving the site, implying that Hunter is being flown to a hospital for treatment, but that didn't happen.

"He was never medic-vaccinated. His body sat in the office of the Speedway for three hours until the meat wagon from the coroner's showed up. It's all in the police report. They were caught in traffic and they weren't in any big hurry anyway. What the heck were (the filmmakers) doing with that helicopter shot? It's just a complete lie."

Even more serious is what Selvin calls "the real huge problem in the dead centre of the movie." He's referring to a scene where the Stones and their associates rashly decide to move their daylong concert — which also included the Jefferson Airplane, The Flying Burrito Brothers and Crosby, Stills, Nash & Young and was supposed to in-

clude the Grateful Dead — from the considerably larger Sears Point Raceway to its woefully undersized area rival Altamont.

The Stones did the switch just 36 hours before the festival began because Sears Point wanted a piece of the film profits, which Jagger refused. Altamont just wanted free publicity — and it got plenty of the wrong kind.

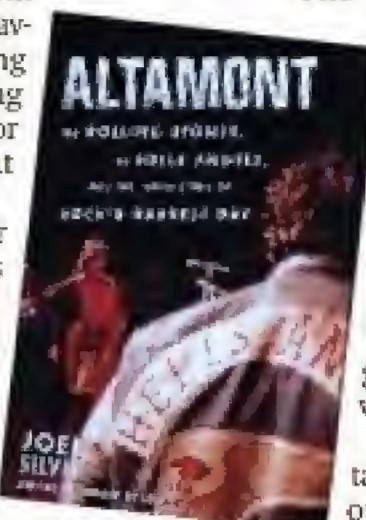
Selvin's book contains page after page of descriptions of bad decisions made by many people, not just the Stones and company.

What it all comes down to, in my opinion, is that a lot of good intentions collided with a lot of bad luck on that fateful day at Altamont in 1969.

"It's funny how many cooks were at the stove, right?" says Selvin.

"Altamont never got one lucky break, whereas Woodstock was the beneficiary of a lot of them. Altamont got not one — not even with the weather."

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# Willis hungry for next career steps

## INTERVIEW

## New music, concert tour, film releases on horizon

Rumer Willis plans to get personal with audiences during her upcoming Over the Love Tour.

The 28-year-old Dancing with the Stars champ will cover some of her favourite female artists, including Billie Holiday, music that I liked to listen to. I never necessarily was aware of what was on the pop charts."

artists, including Bette Midler, Dinah Washington and Amy Winehouse, while sharing her own experiences throughout the cabaret-style show.

"I talk to the audience a lot before a lot of the songs. I tell stories about why I connect to the song," Willis said during a recent interview. "But the overwhelming kind of through line is it's just about love. ... The many trials and tribulations that we all face kind of in our search for love."

The eldest daughter of Bruce



**I'm at a place where I'm just open for whatever new opportunities are going to present themselves.**

Rumer Willis

Willis made her Broadway debut last year in Chicago. She has been perfecting her cabaret act during a two-year residency at The Sayers Club in Los Angeles and a short run at New York's Cafe Carlyle last April.

What Lies Ahead

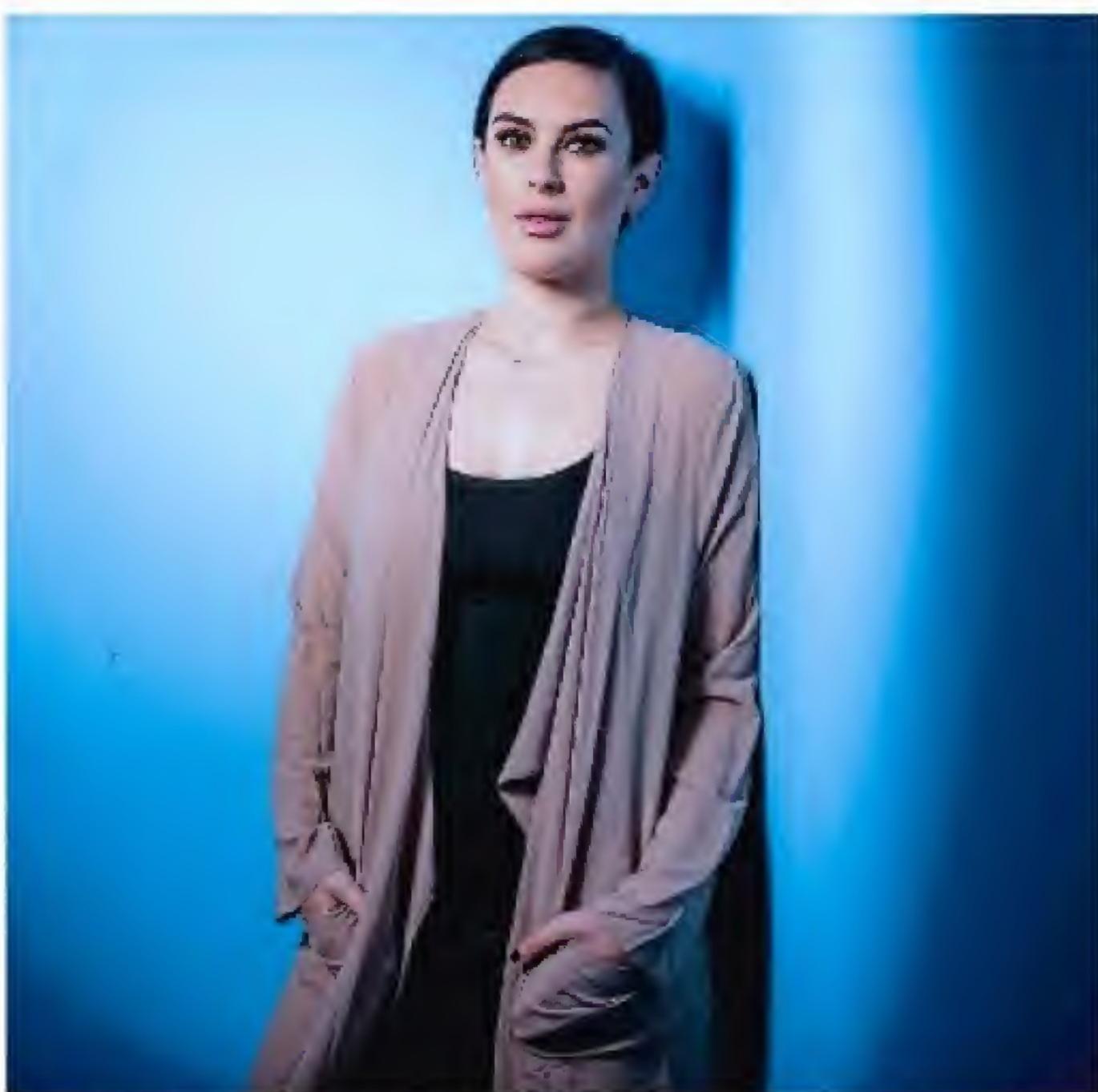
"You know, I would love to maybe go back to Broadway at some point. I would like to dance more, singing, acting, all of it," she said. "I am hungry for whatever is presented next."

SEARCHED INDEXED  
THE ASSOCIATED PRESS

She'll also try out some off-

"They definitely take a bit of the old-school influences that I like, but still have enough of a new flavour to, I think, be accessible to a lot of people," she said of her new songs.

Willis has been working on her debut album with producer Linda Perry and plans to head back to the studio when the tour wraps. She also has two upcoming films: the musical *Hello Again* and the thriller



**Rumer Willis, the 28-year-old daughter of actors Demi Moore and Bruce Willis, will cover some of her favourite female artists — including Billie Holiday, Dinah Washington and Amy Winehouse — for her upcoming cabaret-style show.** RICH FURY/INVISION/AP

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# Kimmie keeps low profile after heist

CRIME

## Not posting to social media in wake of Paris break-in, theft

Kim Kardashian West has left the New York City apartment building where she has been holed up with family and friends since her Paris holdup.

The star, wearing a baseball cap and a white hoodie that partially obscured her face,

was holding daughter North as she got into a waiting SUV. Husband Kanye West followed close behind with their infant son, Saint.

Police in Paris say they are investigating the heist early Monday in which armed robbers forced their way into the private residence where she was staying, tied her up and locked her in a bathroom, then stole \$10-million worth of jewelry.

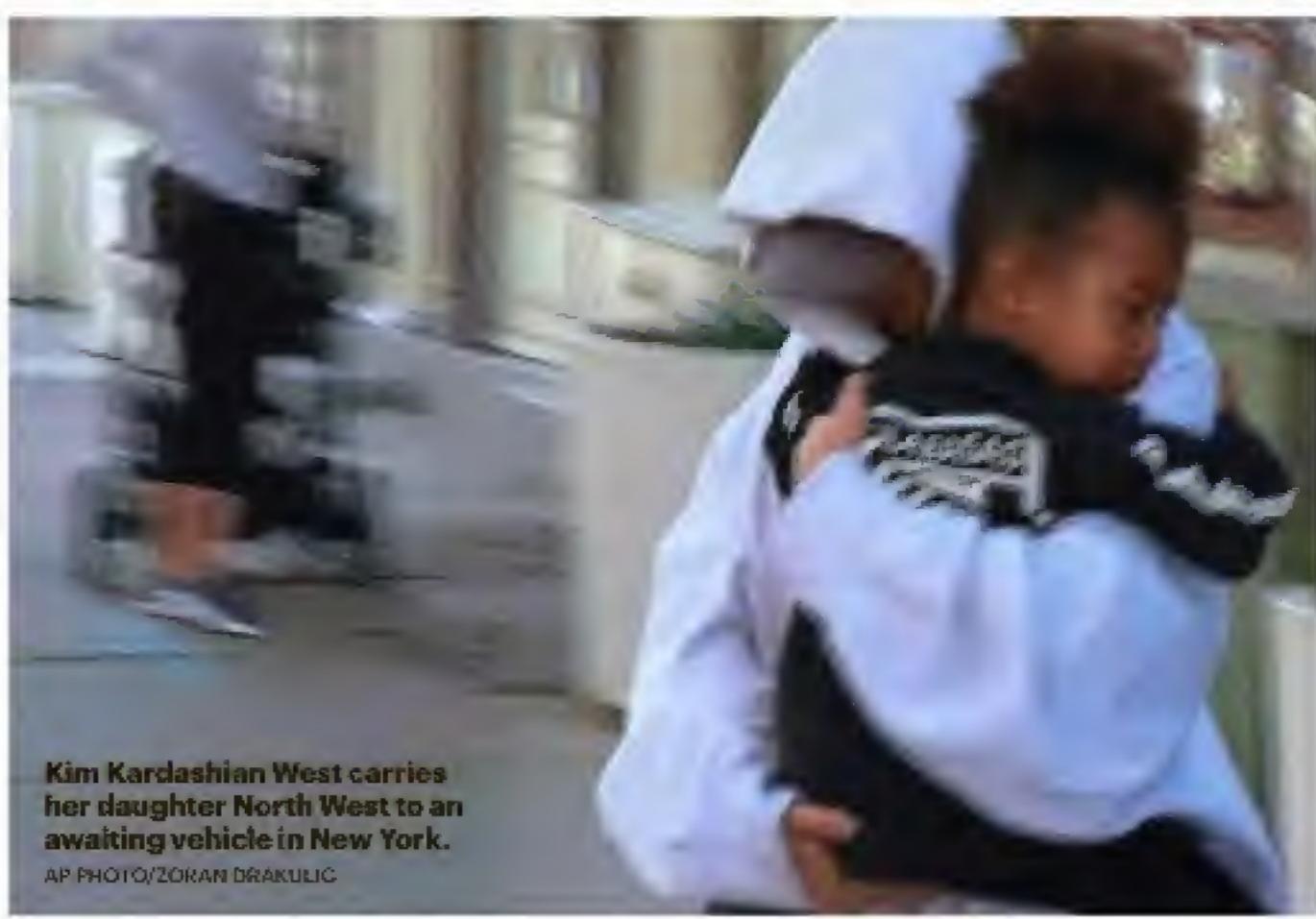
No arrests have been made.

Kanye West, who cut short a New York concert the night

of the crime, cancelled a few shows in the aftermath but was scheduled to return to the stage in Chicago on Friday night.

Kardashian West, known for prolific posting on social media, has been publicly silent since the ordeal. One of her sisters, Kourtney Kardashian, posted a page from a devotional late Wednesday after Caitlyn Jenner wished stepdaughter Kim well on Instagram.

"Remember," Kourtney's passage begins on Twitter, "that joy is not dependent on your circumstances."



Kim Kardashian West carries her daughter North West to an awaiting vehicle in New York.

AP PHOTO/ZORAN DRAKULIC

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Shawn 'Jay Z' Carter announces the Weinstein Television and Spike TV release of TIME: The Kalief Browder Story during a press conference at The Roxy Hotel Cinema on Thursday. CHARLES SYKES/INVISION/THE ASSOCIATED PRESS

## Jay Z throwing light on 'broken' prison system

### TELEVISION

#### Rapper backs documentary on 'inhumane' solitary

Rap superstar Jay Z is helping shine a light on prison reform by co-producing an upcoming TV documentary about a young man who spent three years behind bars without trial for allegedly stealing a backpack.

The rapper teamed up with Harvey Weinstein to produce the six-part *TIME: The Kalief Browder Story*, which airs in January on Spike TV. It uses first-person accounts, prison footage and cinematic re-creations to explore what Jay Z called a system that's "broken."

Browder was 16 when he was arrested on suspicion of stealing a backpack and sent to the Rikers Island facility in New York for three years. Browder was kept in solitary confinement for 800 days and, according to his lawyer, beaten by inmates and guards. He was never tried and was released in 2013. He killed himself last

year at age 22.

Jay Z, attending a press conference Thursday with Browder's mother, the filmmakers and Weinstein, said he hoped Browder's story "inspires others and saves other lives."

"I think it's very clear that solitary confinement for a 16-year-old is wrong to every single person in here," he said. "It's inhumane."

In an op-ed written for The Washington Post, U.S. President Barack Obama cited Browder's "heartbreaking" case to argue for a ban on the use of solitary confinement for juvenile and low-level offenders in federal prisons.

The Spike series comes at a time when America's prisons are under scrutiny. The harsh prison sentences in the Violent Crime Control and Law Enforcement Act of 1994 have been debated in the presidential campaign, and a new documentary by Ava DuVernay, *The 13th*, delves into mass incarceration and its deep, historical roots in America.

Jay Z would not be drawn into picking a side in the current presidential race on the topic of prison reform, saying

**I think it's very clear that solitary confinement for a 16-year-old is wrong to every single person in here. It's inhumane.**

Shawn "Jay Z" Carter

"it's not a political issue.

It's a human issue. It's a story of compassion and empathy." (He did indicate some skepticism at the use of police body cameras, saying "having a camera on someone creates more distrust.")

Jay Z said he came across Browder's story in an article in the *New Yorker* magazine and reached out to the young man, eventually meeting him.

"I just wanted to give him words of encouragement," Jay Z said. He wanted to tell him "I'm proud of him for making it through."

The rapper, whose real name is Shawn Carter, later brought the Browder project to Wein-

stein, who said he wasn't familiar with the case.

"I'm going to be honest. I didn't even know who Kalief was until Shawn showed us footage and talked to us about the project," Weinstein said. "Now I want to make sure everybody knows."

The series is directed by Jennifer Furst, who wouldn't explain how he obtained Browder's video interrogation by police. It will be the first to emerge from a new deal between the rapper and The Weinstein Company to produce TV shows and movies.

Also on the agenda is a film about comedian Richard Pryor, directed by Lee Daniels.

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## By land, sea and air



The Marina at Campbell River. Every year from late July to the end of October, visitors come out to see hundreds of thousands of salmon swim upstream to lay their eggs. iSTOCK

### VANCOUVER ISLAND

#### No matter how you see it, salmon season awe-inspiring

**Loren Christie**  
For Metro Canada

From late July through to the end of October the rivers on the eastern side of Vancouver Island are teeming with hundreds of thousands of Pacific salmon.

On a recent excursion to the community of Campbell River I hooked up with Destiny River Adventures for an up-close and personal look at this natural phenomenon.

After having us don a wetsuit and snorkel gear, our guide immediately ward off any potential of sober second thoughts by making us jump off a small cliff into the town's chilly namesake river.

Then it was time to literally plunge face first into the water and let the current do the work. Although, the rapids might be considered relatively calm for



**It was exhilarating to fly down the river, undulating over the rocks and having giant salmon darting around you as they battled upstream to lay their eggs.**

rafters, as a snorkeller it was exhilarating to fly down the river, undulating over the rocks and having giant salmon darting around you as they battled upstream to lay their eggs.

In addition to attracting snorkellers and sports fisherman, the annual salmon run provides a buffet for the lo-

cal bear population. Discovery Marine Safaris offers a full-day Grizzly Bear Tour, which takes eager bear watchers by boat up Bute Inlet to Orford Bay, a small community on British Columbia's mainland and home to the Homalco First Nations people. Within the first two minutes of the land portion of the tour,

our guide Janet was stopping on the edge of a river where we silently poured off the bus and watched two bears play on a log and tuck into a salmon lunch. By the end of the day we had seen five grizzlies, two Roosevelt Elk and numerous eagles.

After having seen the area by land and sea, we spent our last day exploring by air. In a six-seater 1954 DeHavilland DHC-6 Beaver floatplane to be exact.

Corlair's historic mail flight brings tourists along as they deliver the post to four small communities on the neighbouring Discovery Islands. It was an

incredible way to get a bird's eye peek at life in the area, from the magnificent homes to chatting with the locals in communities like Refuge Cove, population six, with its weather worn wharves and verdant green forest.

After a stop in Surge Narrows, home of one of four floating post offices in Canada, we touched down in Big Bay where we grabbed a bottle of BC Pinot Noir from the supply store and toasted our day on the deck.

If the bears were enjoying the bounty of this province, why shouldn't we?

### TRAVEL NOTES VOLCANIC VIDEO, FRENCH ART IN QUEBEC CITY AND PRINCE'S STUDIO OPENS TO PUBLIC

#### Lava splashes up Hawaii volcano walls in rare video

As the high-definition camera pans across the surface of an active Hawaii volcano's viscous summit lava lake, a large bubble of volcanic gas grows and bursts, dramatically spewing molten rock into the air and sending a massive ripple of lava outward across the crater. Federal officials released high-definition video of the lava lake atop Hawaii's Kilauea volcano on Tuesday, providing a rare close-up glimpse. THE ASSOCIATED PRESS



Still image from Kilauea volcano. USGS VIA THE ASSOCIATED PRESS

#### Quebec City stages Pierre Bonnard exhibit

The Pierre Lassonde Pavilion, the showpiece addition to the Musee national des beaux-arts du Quebec, is bringing together works by French artist Pierre Bonnard for its first temporary international exhibition. The \$103.4-million glass pavilion opened in June on the city's Grande Allee thoroughfare, doubling the museum's exhibition space. Radiant Colour, on view through Jan. 15, presents some 40 paintings by the Post-Impressionist artist.

THE CANADIAN PRESS



Details from *Paysage du Midi et deux enfants*. HANDOUT

#### Visitors see Prince's studio, mementos

Prince's handwritten notes still sit out in the control room of Studio A at Paisley Park, where he recorded some of his greatest hits and was working on a jazz album before he died. The room is filled with his keyboards and guitars, and his iconic symbol graces the control panel. Those are some of the highlights visitors to Paisley Park saw when the 65,000-square-foot studio complex opened to the public on Thursday.

THE ASSOCIATED PRESS



Prince's Paisley Park studio. THE ASSOCIATED PRESS

# 5

## MUST-SEE SPOTS TO CHECK OUT IN HAIDA GWAII

The “Islands of the People” consists of more than 150 islands, but only two of the area’s largest islands are developed. Graham Island in the north has six official communities and most of the inhabitants and infrastructure. Moresby Island, to its south, is home to one community, Sandspit. Here are five must-see Haida Gwaii spots. **TORSTAR NEWS SERVICE**



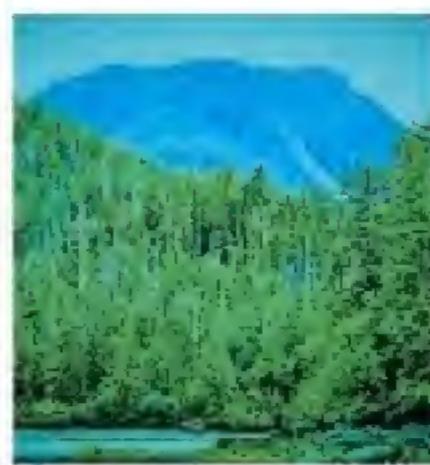
### 1 Old Massett

Massett, the largest of the 150-plus islands, is a small fishing village on Graham Island. To its north is Old Massett, which sits on the site of three traditional Haida villages and is one of two villages where the Haida Nation regrouped in the late 1800s after smallpox decimated the population in ancient surrounding villages. It's the administrative seat of the Council of the Haida Nation, and is home to about 800 Haida, including world-renowned artists.



### 2 Tow Hill

Tow Hill is a large, isolated volcanic plug, and the hill rises 400 feet and towers over North Beach. Its face consists of basalt columns of rock formed from eruptions of molten lava about two million years ago, within a lush rainforest. Hike through the ferns and moss-carpeted grounds to make your way to the active blowhole and witness the waves shoot up.



### 3 Gwaii Haanas

Massive moss-draped cedar and Sitka spruce tower above the Haida people's ancient carved poles and fallen longhouses on the mystical rainforest islands of Gwaii Haanas. Spot one or more of the many bald eagles that hover around the wild beaches, along with whales, porpoises and sea lions.



### 4 S'Gang Gwaay

Less than 10 kilometres from Rose Harbour lies the island of S'Gang Gwaay where the remains of the ancient Haida village of Ninstints can be found. A UNESCO World Heritage Site, S'Gang Gwaay contains the remnants of large cedar longhouses and carved mortuary and memorial poles, which illustrate the art and way of life of the Haida.



### 5 Skidegate

Skidegate is home to the award-winning Haida Heritage Centre. The centre features displays of Haida culture and history, restored totem poles and a natural history gallery of local birds, mammals and fossils. A tour of the six contemporary poles that stand outside the complex for a better understanding of the archipelago's history is highly recommended.

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# Scenic sips: Where to enjoy wine with a view

Tasting wine is fun and possibly educational. But tasting wine while gazing on a backdrop of vine-covered hills rippling toward a blue horizon? That's a fairly unbeatable pairing. Here are some California wineries with views that will have you pulling your nose out of that glass — the better to drink in the scenery.

THE ASSOCIATED PRESS



## Cade Estate Winery

Howell Mountain at the northern tip of the Napa Valley gives CADE its amazing vantage point. From the wide terrace, at an elevation of 1550 metres that is well above the fog line, you can look out over acres of vineyards and tree-covered hills. This is a good winery to visit when temperatures start to dip; the terrace includes comfy couches set around a large fire pit.



## Castello di Amorosa

As the Napa Valley's only 13th-century Tuscan castle (yes, it's a replica, but a very faithful one), the Castello offers sweeping views from the ramparts. But there are some indoor sights to take in as well, such as the armoury, grand barrel room and a torture chamber (...though not currently in use). Reservations recommended for guided tours.



## Cuaison Estate

If rolling hills are what you're looking for, Cuaison's got them. This winery in the Carneros region was completed in 2009 and features a wood-and-steel structure embedded into a hilltop with wraparound terraces. Native grass landscaping complements other sustainable practices including rainwater collection and solar energy. Reservations required.



## Domaine Carneros

If you've ever wanted to make like Cinderella, this is the winery to pick. Domaine Carneros features graceful flights of stone steps leading up to a terrace overlooking vine-covered hills where you can enjoy table service and order small plates to accompany your tasting. Wines may be tasted in flights or by the glass. Reservations required.



## Mumm Napa

The terrace at Mumm Napa is on a beautiful hillside off the Silverado Trail, the valley's lesser-travelled main thoroughfare, and has a commanding view of the Napa Valley. Open daily with three tasting experiences: outdoor patio, enclosed tasting salon or oak terrace. Reservations are required for terrace seating but walk-ins otherwise welcome.



## Silverado Vineyards

There's something about drinking wine on a terrace, so the valley's generally good weather makes the experience more enjoyable. The terrace at Silverado Vineyards features 180-degree views of the renowned Stags' Leap Wine district. The winery was founded by Lillian Disney, widow of Walt. By-appointment only.



## Sterling Vineyards

There's a reason Sterling Vineyards tends to make a lot of "best of" lists. The view from this hilltop winery on the northern end of the Napa Valley is remarkable. The vineyard is set 91 metres above the town of Calistoga. An aerial tram takes you up to the winery, set in a white stucco building modeled after the architectural style of the Greek island of Mykonos.



## Auberge du Soleil

Not a winery, but a resort, Auberge du Soleil has two dining options, both with breathtaking views. If you're feeling flush, you can eat at the Michelin-starred restaurant with its terrace overlooking a green and verdant valley. Or, you can stop by the more casual bistro which has a wraparound deck, more than 40 wines by the glass and is a great spot for sunset watching.

# Tourists taken in by tall octopus tale



The cast bronze faux monument by artist Joseph Reginella, dedicated to the memory of the victims of the steam ferry Cornelius G. Kolff. ULA ILNYT2KY/THE ASSOCIATED PRESS

STATEN ISLAND

## Hoax includes memorial, website and fake articles

Ever hear about the gargantuan octopus that dragged a New York City ferry and its 400 passengers to the river bottom nearly 53 years ago?

A cast bronze monument dedicated to the victims of the steam ferry Cornelius G. Kolff recently appeared in Battery Park at the southern tip of Manhattan, erected a stone's throw from a handful of other sombre memorials to soldiers, sailors and mariners lost at sea or on the battlefield.

But if you can't recall the disaster it could be because the artist behind the memorial, Joseph Reginella, made the whole thing up.

The 250-pound monument, which depicts a Staten Island ferry being dragged down by giant octopus tentacles, is part of a multi-layered hoax that also includes a sophisticated website, a documentary, fabricated newspaper articles and glossy fliers directing tourists to a phantom Staten Island Ferry Disaster Memorial Museum across the harbour.

It took Reginella six months to put it together.

He said the idea for the project came to him while he was taking his 11-year-old nephew from Florida on the ferry between Manhattan and Staten

Island.

"He was asking me all kinds of crazy questions like if the waters were shark-infested," he said. "I said 'No, but you know what did happen in the '60s? One of these boats got pulled down by a giant octopus."

"The story just rolled off the top of my head" and the idea for a mock memorial was born.

It evolved to become "a multi-media art project and social experience — not maliciously — about how gullible people are," said Reginella, who creates artworks for store windows and amusement parks.

The monument never stays in one spot for more than two days "because the city will come and take it away," he said, adding that it takes two people to break it down.

"It's definitely an experience when you see people who don't know about it. They get this strange look on their face, they stare out at the water and walk away," he said. "I sit close by with a fishing pole and fish. I eavesdrop on the conversations."

Sometimes, he said, when he overhears people saying, "How come nobody has ever heard of this?" he'll interject, offering that the disaster happened on Nov. 22, 1963, a day that the news was dominated by the assassination of President John F. Kennedy.

"It creates a plausibility for them, and they shake their head 'Maybe.'"

Puzzled tourists looking for the memorial museum on Staten Island and its supposed collection of wreckage with "strange

### THE TRUTH

**One thing about the preposterous story is real. There really was a Cornelius G. Kolff ferry.**

#### Stranger than fiction

It ferried passengers for 36 years before becoming a stationary floating dorm for Rikers Island inmates. It was sold for scrap in 2003.

suction-cup-shaped marks" sometimes wonder into the Snug Harbor Cultural Center asking for directions.

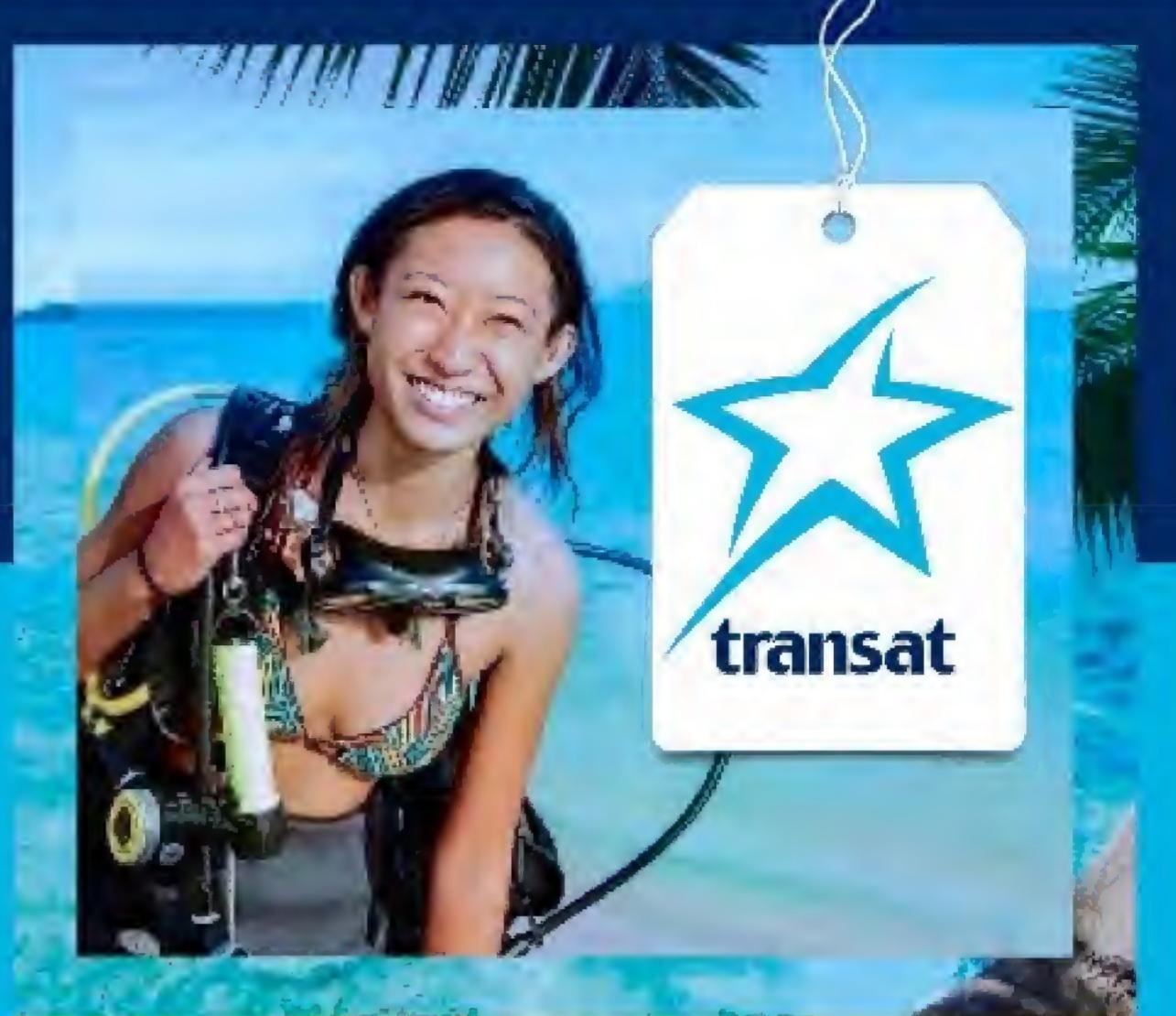
The staff at the nearby Staten Island Museum admits it too was puzzled at first.

"We kind of scratched our heads and said we don't know where it is and started looking further into it, and realized it was a hoax," said spokeswoman Rachel Somma.

"Most people have the feeling that it's not a reality. It's a treasure hunt for them. It's fun. That's what we love about it ... It's great that it gets people out here," she added.

Melanie Giuliano, who produced a mock documentary for the monument's website, used her father in the role of a maritime expert and her neighbour as an eyewitness. Reginella's wife's co-worker served as the narrator.

"I thought it was an insane idea but I thought it was hilarious," said the videographer and filmmaker. THE ASSOCIATED PRESS



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# La vie en rouge et orange

ESSAYS

## One writer's love-affair with Paris in autumn

**Vivian Song**

For Torstar News Service

I've always held a special affinity for Paris in the fall. While Parisians mourn the last days of summer and return begrudgingly to the city after their month-long holidays, I wait patiently for that first fall morning, when the weather turns, definitively announcing the season's arrival.

More than five years ago, I boarded a plane in Toronto and landed in Paris, and I fell under an enchantment which, I believe in hindsight, was produced by the bewitching effects of autumn, when the city takes on a dream-like quality that happens at no other time of the year.

It wasn't supposed to last this long. My original intent was to spend a year in France and return to Toronto recharged after living "la vie en rose." But in the

days and weeks after arriving in mid-September, the autumnal skies, the rain-soaked cobblestone streets, and the way the gold-leaf trees cast a soft glow along the Seine seduced me, and I knew I had to stay.

In the same way couples reminisce with fondness about their days as young, broke newlyweds who shared their first meals sitting on the floor, on my five-year anniversary I found myself nostalgic for those early days when I was a starry-eyed tourist, euphorically happy with the simple pleasures of her new Parisian life.

My first introduction to my new neighbourhood upon stepping out of the cab was an olfactory one: layered under the heavy coolness of the crisp, autumn air was the maddening perfume of melting butter wafting from the crêperies lining my street — a smell I still associate with fall.

When I arrived in Paris, I was jobless and poor. Money was tight and my only little luxuries were the edible kind. On a good week, I would head to the market and pick up a roast chicken leg, roasted potatoes, and a basket of figs.



A steaming cup of hot-chocolate is one of the great pleasures of Paris in the fall.

Just as boxes of clementines signal the start of winter in Canada, every year I look forward to the start of fall for fig season, an elegant fruit that's expensive and uncommon back home, but affordable and accessible in France.

I always bookmark the second weekend of October for one of my favourite Parisian festivals, the Fête des Vendanges, a food and wine-fuelled event in Montmartre where I tasted my first escargot thanks to a kindly stranger who insisted I sample one from his own plate.

I reserve every free Sunday for strolling the Jardin du Lux-

embourg or the Jardin du Palais Royal and seek out the leafiest paths for the satisfaction of hearing and feeling the crunch of dead leaves beneath my feet.

Invariably, I catch myself marvelling at the distinctively Parisian way the leaves have browned at the edges or faded yellow, turning the city into the colour palate of the '70s.

In the summer, Paris becomes an artificial version of itself: the locals can't leave town fast enough, leaving stampedes of tourists to take over the city. I have yet to be reconciled with the cold, damp sunless Parisian winters. And while Parisian springs can be heart-stoppingly beautiful, I dread its arrival for the prosaic reality that it sends my allergies into overdrive.

Come fall, however, the gardens are more spacious as the tourist crowds have thinned. The locals have also returned. It's a homecoming I welcome; the absence of Parisians over the summer casts an artificial, unauthentic calm over the city.

Their return, and the sepia light of fall, draw out the real Paris: the brooding, beautiful, moody, poetic, melancholic and soul-stirring version.



For a shot of colour, Montmartre is the best neighbourhood for leaf peeping. ALL PHOTOS VIVIAN SONG/FOR TORSTAR NEWS SERVICE

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# History, churches and stunning beaches

MALTA

## Tiny nation of island's Europe's best-kept secret

History, heat and fantastic beaches best describe a vacation in Malta, a sun-soaked archipelago in the Mediterranean Sea that's a popular destination for many Europeans.

Malta actually consists of three inhabited islands — Malta, Comino and Gozo — which are situated south of Italy and north of the African country Libya in the Mediterranean Sea.

The country's location has historically given it great strategic importance as a naval base, and a succession of powers, including the Turks, Knights of St. John, French and British, have ruled. The southern European island nation is now part of the European Union.

Military forts, inland and on the coasts, dot the islands and offer a fascinating insight into the country's his-

tory. The walled city of Mdina and St. Elmo's Fort in Valletta, where the island was defended against invaders, are worth a visit.

Churches are must-see attractions. The Mosta Dome, also known as the Church of the Assumption of Our Lady in Mosta, has a spectacular high-domed ceiling that was bombed in the Second World War but miraculously remained intact.

### GETTING THERE

**There are no direct flights from Canada to Malta; you have to fly to a city in Europe and then get a connecting flight.**

The St. John's Co-Cathedral in Valletta, the country's capital, is home to the Knights (Grand Masters) of Malta. It contains many important works of art sanctioned by the Knights, including the painting The Beheading of St. John the Baptist by the Italian painter Caravaggio.

With summer temperatures consistently in the '30s with no rain, beaches are popular destinations for tourists and locals alike.

The stunning Blue Lagoon



Blue hole at Azure Window in Gozo Malta offers fantastic swimming. iSTOCK

on Comino is a must-do when you are on the island. Boat tours make regular runs to Comino, but if you go you'll

want to make a day trip out of it. Likewise the Azure Window on Gozo, a natural limestone arch, offers fantastic

swimming on the rock beach below it.

One beach off the beaten track is St. Peter's Pool near

Marsaxlokk on Malta.

It's a natural pool in a sheltered cove where jumping off four-metre cliffs into crystal-clear waters is easier than negotiating the rough, one-lane road to get to the attraction.

Marsaxlokk's daily fish market offers many delicacies caught the same day by local fishermen in their "luzzus," small, brightly painted fishing boats.

The narrow, hilly streets of Valletta have many shops and cafes popular with tourists, with regular bus and ferry service feeding the country's capital.

From the boardwalks of Sliema, which are lined with restaurants and cafes, it's an easy stroll to the beach for a quick dip in the sea.

Getting around the islands can be a challenge, although there is a reliable bus and ferry system.

It is best to rent a couple of cars and drivers with experience at using the left-hand drive system and the abundant roundabouts where choosing the correct turn can often a challenge.

THE ASSOCIATED PRESS

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# Monsters on the move

If you find yourself in the U.S. this October and want to take in some Halloween fun and fright, these attractions might be for you. Virtual reality, spooky roller coasters and the start of a final season for Disneyland's Twilight Zone of Terror are all part of this Halloween's freaky fun. Here's a sample of what's happening in America.

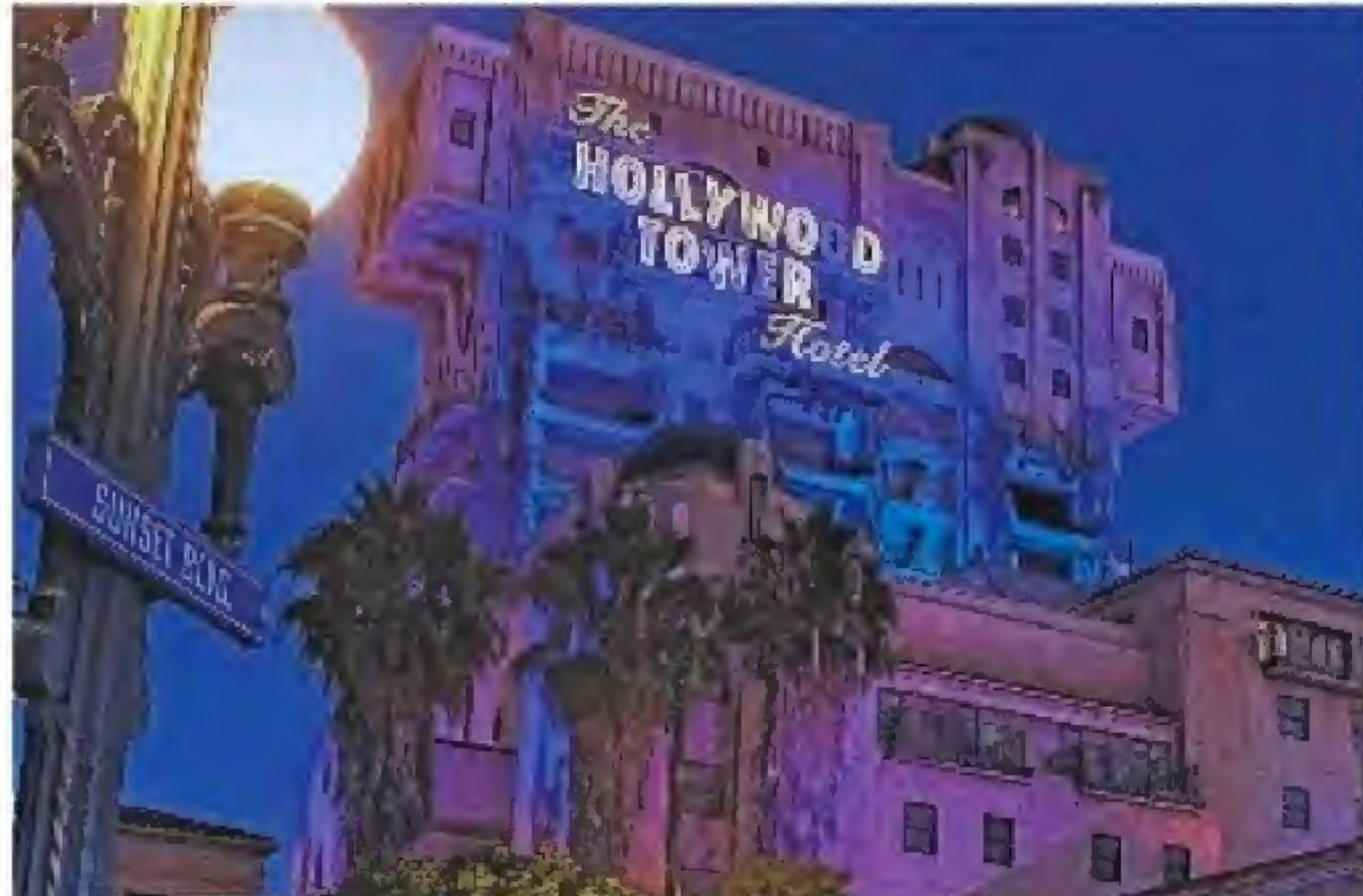
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PHILADELPHIA, PA.

## Eastern State Penitentiary

At Eastern State Penitentiary in Philadelphia, the Terror Behind the Walls attraction challenges guests to become part of the story of escaping what was once an actual prison. Guests can either explore the prison and watch, or they can mark themselves for interaction with the freaky prisoners.



ANAHEIM, CALIF.

## Disneyland's frightful fun

It's the final Halloween season for Twilight Zone of Terror at Disneyland in Anaheim, Calif. If you visit after twilight, you'll get a chance to free fall in the haunted elevator shaft in total darkness. The tower closes for good Jan. 2. Also at Disneyland this season is the Frightfully Fun Parade at Mickey's Halloween Party, featuring grinning ghosts, Disney villains and the headless horseman from Sleepy Hollow.



LOS ANGELES, CALIF.

## Universal horror

Halloween Horror Nights at Universal Studios Hollywood in Los Angeles include the transformation of the theme park's famous tram ride into a Terror Tram, themed on the story of a celebrity clown turned murderer, created by horror-genre filmmaker Eli Roth. The Hollywood park also features a Walking Dead attraction that opened this past summer.



AUSTELL, GA.

## Six Flags Fright Fest

It's Fright Fest season at Six Flags parks. At Six Flags Over Georgia in Austell, Ga., in addition to mazes, scare zones and more than 400 zombies and monsters, guests can don VR headsets to experience an interactive virtual reality roller coaster, Rage of the Gargoyles at Dare Devil Dive, that includes a simulated helicopter ride and a futuristic battle with gargoyles.



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# Metro SPORTS

LeBron James, who grew up a New York Yankees fan, is getting behind the Cleveland Indians, sending the team positive messages on social media

# Blue Jays put up a 10

## MLB PLAYOFFS

### Toronto throttles Texas on both sides of the ball

It was a beatdown but this time the bad blood stayed under the surface.

Toronto rocked Cole Hamels for five runs in the third inning and a near flawless Marco Estrada delivered 8-1/3 stellar innings as the Blue Jays thumped the Texas Rangers 10-1 Thursday to win Game 1 of their American League Division Series.

Jose Bautista, Public Enemy No. 1 in Texas, slammed a three-run homer in the ninth inning off reliever Jake Diekman to rub salt in the wound. No bat-flip this time. He put his weapon down gently after the blast to left field, where the fan who caught the ball whipped it back into play.

The Jays slugger was happy to keep the focus on baseball rather than rehash Toronto's recent Hatfield-and-McCoy-like feuding with the Rangers.

"I wanted to avoid all the questions about the whole ordeal because we're baseball players, not UFC fighters, and we came here to play ballgames," Bautista said.

It was Bautista's fourth home run in his last eight post-season at-bats. He is tied with Joe Carter for most playoff homers by a Blue Jay with six.

Toronto came close to its first complete game of the season — and the first of Estrada's ca-



The Blue Jays' Jose Bautista connects for a three-run home run against the Rangers during Game 1 of their American League Division Series in Arlington, Texas, on Thursday. RONALD MARTINEZ/GETTY IMAGES

#### ALDS Game 1



Estrada gave up one run in 8-1/3 innings on four hits with six strikeouts in a 98-pitch performance with 72 strikes. In contrast, Hamels allowed a playoff career-high seven runs in 3-1/3 innings.

Estrada retired 12 straight batters at one point and faced just one batter over the minimum over eight innings.

The Jays sent nine men to the plate in the third, scoring

five runs all with two outs. Troy Tulowitzki did the bulk of the damage with a three-run triple.

Melvin Upton Jr. hit a solo

homer in a two-run fourth for Toronto. Josh Donaldson, who had two singles, two doubles and a walk on the day, drove in a run in each of the third and fourth. His four hits tied a club post-season mark.

THE CANADIAN PRESS

## MLB NOTES

### Murphy expected to play for Nats in Game 1 of NLDS

Dusty Baker expects injured second baseman Daniel Murphy to play for the Nationals in Game 1 of the NL Division Series against the Los Angeles Dodgers, but Washington's manager still won't announce his Game 2 starter.

After Thursday's workout, Baker explained Murphy "says he's ready, so therefore we think he's ready." THE ASSOCIATED PRESS

### Baker, Roberts to make history for black managers

The NL Division Series between Dusty Baker's Washington Nationals and Dave Roberts' Los Angeles Dodgers is the first post-season matchup in major-league history involving two black managers.

It's a point of pride and can "show people that not only can we do the job, but we can do the job better than most," Baker said. THE ASSOCIATED PRESS

### Price still in search of his first post-season win

David Price wants to make his next post-season start unlike all his others.

"I want to go out there and win.... and I know that I'm capable of doing that," he said.

That would be a first.

Boston's left-hander is 0-7 in the post-season going into Friday's start in Game 2 of the AL Division Series against Cleveland.

THE ASSOCIATED PRESS

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## ATHLETICS

## Olympian learns from casual cocaine kiss

The 16-page report on Shawn Barber's positive cocaine test reads in parts like an erotic short story.

Sex, drugs and a hotel rendezvous, with Canada's world champion pole vaulter playing the starring role just weeks before his Olympic debut. But hours after the Sport Dispute Resolution Centre of Canada released its report on the bizarre — and salacious — chain of events that led up to his doping violation, Barber chalked it up to a "learning experience."

"There's no reason to cry over spilt milk, and you can't do anything about it, so might as well just smile and learn to love it," Barber said on a conference call Thursday.

The 22-year-old from Toronto tested positive for trace amounts of the recreational drug prior to the Rio Olympics, but he was still allowed to compete in Brazil after it was ruled he inadvertently ingested the banned substance.

Barber claimed he ingested the cocaine July 8, on the eve of winning the Canadian title in Edmonton, by kissing a woman he'd met through the "casual encounter" section of Craigslist. His intent for the sexual rendezvous, he said, was a way to relieve stress.

He'd posted for a "professional person," and specified he wanted someone who was drug and disease-free.

The Sport Dispute Resolution Centre of Canada rendered its decision on Aug. 11, four days before Barber vaulted to a 10th-place finish in Rio.

THE CANADIAN PRESS

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# Boston presents new challenge to Clemson

## COLLEGE FOOTBALL

## Tigers' pivot Watson knows importance of each game

Clemson faces a very different kind of challenge less than a week after defeating Louisville in what might go down as the best game of the college football season.

Tigers coach Dabo Swinney might have to tell his players to B.Y.O.B to Boston College on Friday night: Bring your own energy. Literally and figuratively, Chestnut Hill, Mass., is a long way from Death Valley.

"Each game is very exciting," Clemson quarterback Deshaun Watson said. "You only get 12 opportunities to play. You work so hard over the off-season and throughout the week preparing for those 12 Saturdays. Each game is very special. Each game is a championship game for us."



Clemson quarterback Deshaun Watson TYLER SMITH/GETTY IMAGES

The Eagles (3-2, 0-2 Atlantic Coast Conference) should have their largest crowd of the season by far after averaging 23,465 at Boston College Alumni Stadium, capacity 44,500, for their first two home games. Fortunately for BC, it does not have to go head-to-head with the Red Sox

playoff game against the Indians in Cleveland on Friday afternoon.

That should be close to wrapping up when the Tigers and Eagles kick off at around 7:30 ET. Still, Boston College has lost 10 straight conference games, so it is understandable if a visit from the No. 3 team in the na-

tion produces more dread than excitement among Eagles fans.

The Eagles' three wins have come against Massachusetts, Buffalo and Wagner. The best team they have played so far was Virginia Tech, and they lost 49-0. Clemson (5-0, 2-0) is another level up.

"The issue you're going to have is you're just playing against some of the finest players in the country," BC coach Steve Addazio said. "That's the issue you're going to have. There're no weaknesses."

The Tigers won last season's meeting 34-17 and Watson threw for 420 yards. As has been the case the last couple seasons at BC, the defence is solid but there is just not much offence. The Eagles rank first in the ACC in yards per play allowed (3.53) and second-to-last in yards per play gained (5.02).

The Eagles are looking for their first victory against a top-10 team since they beat Southern California 37-31 on Sept. 13, 2014. THE ASSOCIATED PRESS

## NFL

## Anderson ready to start for Panthers

Derek Anderson is preparing as if he will start Monday night against the Tampa Bay Buccaneers with Cam Newton still in the league's concussion protocol.

The 33-year-old Anderson took reps with Carolina's first-team offence for the second straight day, while Newton did not attend the team's outdoor

practice. Panthers coach Ron Rivera offered little in terms of an update on Newton's playing status, saying he won't make a decision on the 2015 MVP until later this week.

"We are not forcing players to get onto the football field," Rivera said emphatically Thursday. "We will do exactly as the protocol tells us and what the



Derek Anderson  
GETTY IMAGES

doctors and experts tell us."

The NFL is still investigating how the Panthers handled a helmet-to-helmet hit Newton took in the fourth quarter of a Week 1 loss to the Denver Broncos. Newton

stayed in and completed that game despite a ferocious blow to the head.

NFL spokesman Brian McCarthy told The Associated Press on Thursday the league had no update on that investigation. Newton was one of six starters who didn't practice Thursday. THE ASSOCIATED PRESS

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**FLAMES CLOSING OUT THE PRE-SEASON SCHEDULE**

Philip Larsen, right, of the Canucks, checks the Flames' Micheal Ferland during the first period of their pre-season game in Vancouver on Thursday night. The Flames were playing their final exhibition match with their regular-season opener on Wednesday night against the Oilers.

DARRYL DYCK/THE CANADIAN PRESS



**INK-STAINED FINGERS ARE A SIGN OF INTELLIGENCE.**



# 5 YOUNG CAPTAINS WHO EXCELLED

When Connor McDavid takes the ice in the Edmonton Oilers' season opener Wednesday, he'll become the youngest captain in NHL history at 19 years, 273 days old. Here's a look at how five other young captains in NHL history fared with that responsibility:

## 1 Gabriel Landeskog

After stints in the Swedish men's league and the Ontario Hockey League, Landeskog got the "C" for the Colorado Avalanche after his rookie year. The 2012-13 lockout forced Landeskog to wait several months to start on the job at 20 years, 57 days old. Landeskog helped Colorado make the playoffs in 2013-14 and the thoughtful Swede quietly remains one of the most respected players in the league.

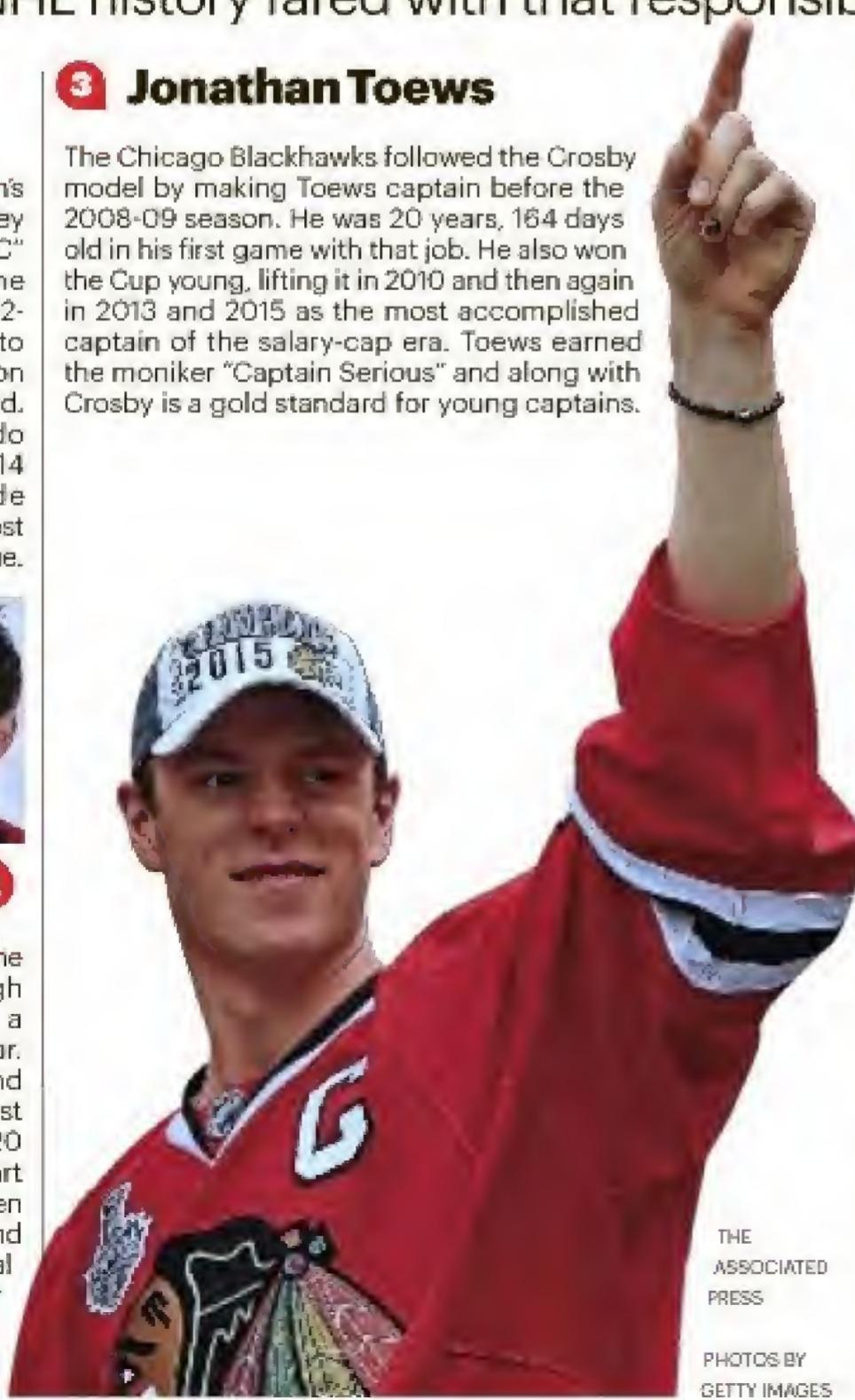


## 2 Sidney Crosby

Crosby was the No. 1 pick in the 2005 draft of the Pittsburgh Penguins and became a franchise-changing superstar. He had immediate impact and proved to be among the best in the world. Crosby was 20 years, 59 days old at the start of his third NHL season when he first served as captain and led Pittsburgh to the Cup Final several months later. Crosby lifted the Cup as a 21-year-old in 2009 and again as a 28-year-old in June.

## 3 Jonathan Toews

The Chicago Blackhawks followed the Crosby model by making Toews captain before the 2008-09 season. He was 20 years, 164 days old in his first game with that job. He also won the Cup young, lifting it in 2010 and then again in 2013 and 2015 as the most accomplished captain of the salary-cap era. Toews earned the moniker "Captain Serious" and along with Crosby is a gold standard for young captains.



## 4 Vincent Lecavalier

Selected captain of the Tampa Bay Lightning in 2000 at 19 years, 315 days old, the 1998 No. 1 pick lasted only a season and change before he clashed with coach John Tortorella and was stripped of the captaincy. Lecavalier blossomed into a star and was a point-a-game player and alternate captain when the Lightning won the Stanley Cup in 2004. He served as captain again from 2008-13.



## 5 Steve Yzerman

Before McDavid, Landeskog, Crosby and Toews were born, the Detroit Red Wings made Yzerman captain at 21 years, 153 days old back in 1986. Yzerman had on-ice success and adjusted his game under legendary coach Scotty Bowman to the point that he was considered one of the most trusted two-way centres around and a top leader. The Red Wings won the Cup in 1997, 1998 and 2002 with the now-Hockey Hall of Famer leading the way.

WASHINGTON, D.C.

## Obama honours Sid and Penguins

President Barack Obama honoured the Pittsburgh Penguins at the White House on Thursday for completing what he described as one of the most remarkable turnarounds in the history of the National Hockey League as they won their fourth Stanley Cup.

Obama noted that he has now been able to celebrate with eight Stanley Cup winners during his presidency with all of the teams based in the United States. He smiled when noting he recently reminded Canadian Prime Minister Justin Trudeau of that achievement.

"This is a nice bookend for

my presidency," said Obama, a sports fan who has shown no slowing down in his efforts to honour the nation's sports champions as his second term draws to a close.

The Penguins, led by Sidney Crosby, overcame a tough start to the season with Obama noting that they were closer to last place than first in late December. The team hired a new coach, Mike Sullivan, when the team looked out of playoff contention.

Obama credited the Penguins' persistence and teamwork as critical factors in completing the turnaround.

THE ASSOCIATED PRESS



Sidney Crosby shows the Stanley Cup off to U.S. President Barack Obama on Thursday. GETTY IMAGES

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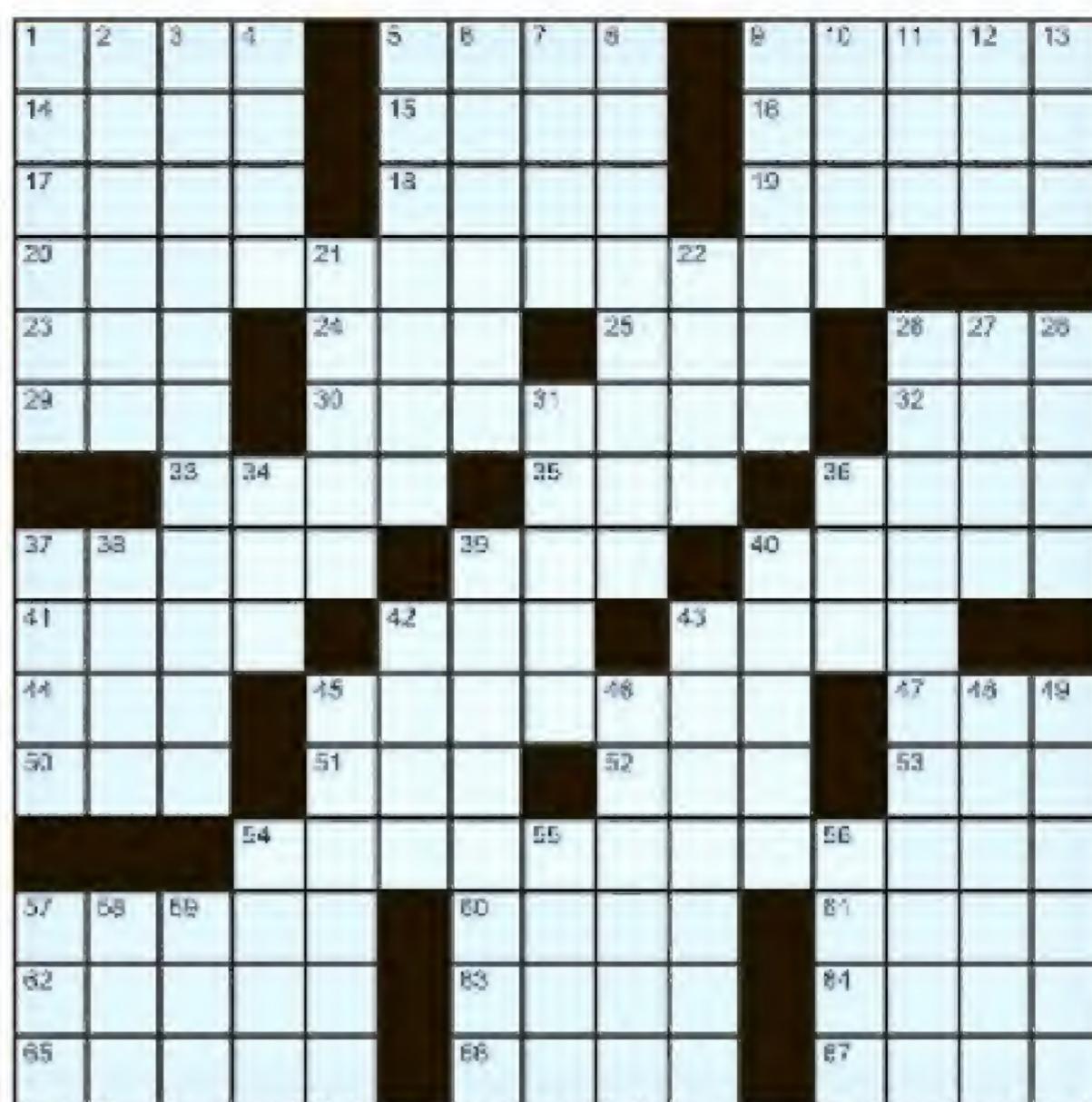


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## CROSSWORD Canada Across and Down

### ACROSS

1. Island nation near Florida  
5. Musician/radio personality John  
9. Packs away  
14. "Come \_\_\_!" (Welcome)  
15. "To Live and Die \_\_\_" (1985)  
16. Leg bone  
17. Hybrid citrus  
18. Gramp's wife  
19. Bakery embellishment  
20. British actress who portrays late Nova Scotia folk artist Maud Lewis in "Maudie" (2016); 2 wds.  
23. Vine variety  
24. Conference room happening, briefly  
25. Shakespeare's wee country  
26. Impair  
29. Catch  
30. Distinctly  
32. Nero's deuce-ace  
33. "If \_\_\_ be so bold as to..."  
35. Grassy field  
36. Fiend  
37. Fermented soybean paste  
39. Nord's opposite  
40. \_\_\_ acetate (Type of solvent)  
41. Honorific in Turkey  
42. Entirely  
43. Ship's mooring post  
44. Jersey's call  
45. Totally run-down  
47. Winnipeg airport code  
50. Dadaist Jean  
51. \_\_\_, Sept., Oct...,  
52. Bio info  
53. Hideaway



54. Northwest \_\_\_ (String of airstrips through Edmonton, Alberta to Fairbanks, Alaska used during WWII to ferry thousands of Lend-Lease planes from the United States to the Soviet Union)  
57. Voyageur's

- transport  
60. Peruvian empire  
61. Gladiator's 1901  
62. Whac-\_\_\_ (Arcade game)  
63. Goblet part  
64. Some old theatres  
65. Haida mythology character

66. Stockings  
67. Web connectors, briefly  
**DOWN**  
1. Melissa McCarthy, to Jenny McCarthy  
2. \_\_\_ Bay (Body of water between Baffin Island in Nunavut and the

- northern Quebec region of Nunavik)  
3. Toronto Island Airport named after this WWII flying ace; 2 wds.  
4. Indigo  
5. Way to seal a container to prevent leakage  
6. Madden

7. Cabbage dish  
8. Longed  
9. Cheap  
10. Partners for Tacs (Mint candies)  
11. Sash sort  
12. Succeed  
13. Droop  
21. Famous gyms  
22. Internal  
26. Hockey flick franchise, with The, on Vancouver-born actor Joshua Jackson's resume; 2 wds.  
27. Ethereal  
28. Louis of Manitoba's history  
31. Gene Vincent's "Be-Bop-\_\_\_"  
34. Extinct bird  
36. Baseball's Mel  
37. Mother, sometimes  
38. Mr. Stravinsky  
39. Torpid  
40. Duck type  
42. \_\_\_ blue  
43. Sports... Highly anticipated team event; 2 wds.  
45. Lustrous sheets fabric  
46. Singer/actor Mr. Bass'  
48. Being-cleaned hallway bucket item; 2 wds.  
49. Metamorphic rock variety  
54. Exclusive  
55. Keen on  
56. Actor Mr. Katz  
57. Automobile  
58. US docs' org.  
59. It continues

## \*IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

### Aries March 21 - April 20

Remember to get more sleep and more rest at this time, because you need it. Discussions with partners and close friends are important.

### Taurus April 21 - May 20

You might be focused on health issues right now. Fortunately, the next 12 months are a good time for you to restore your health or do something to improve it.

### Gemini May 22 - June 21

Take time off for fun and pleasure if possible. A vacation in the next week would be perfect for you. Enjoy sports, playful activities with children and romantic getaways.

### Cancer June 22 - July 23

This continues to be a strong time for home and family issues. Your interaction with a parent or senior family member might be important.

### Leo July 24 - Aug. 23

Try to be as clear as possible in all your communications with others. This is a strong time for those of you who write, sell, market, teach and act.

### Virgo Aug. 24 - Sept. 23

Trust your money-making ideas during the next week. In fact, you also are giving a lot of thought to your values in life. What really matters?

### Libra Sept. 24 - Oct. 23

This is a fortunate time for you while the Sun is in your sign, because people and favorable situations are attracted to you. Make the most of this!

### Scorpio Oct. 24 - Nov. 22

This week is a good time to buy wardrobe goodies for yourself because you like what you see in the mirror. You also want to socialize more, even though you are working behind the scenes.

### Sagittarius Nov. 23 - Dec. 21

Talk to a friend about your future plans because he or she might have helpful suggestions for you. In fact, all your interactions with others will benefit you now.

### Capricorn Dec. 22 - Jan. 20

Because you look so good in the eyes of bosses, parents and VIPs, don't hesitate to ask for what you want. Make your pitch. This is your hour!

### Aquarius Jan. 21 - Feb. 18

Travel will be a rewarding experience for you now, because you want to learn something and expand your experience of life. Take a course or further training, if possible.

### Pisces

Feb. 20 - March 20  
Your interactions with others, especially with friends and groups, will be active now, perhaps physically. You will do well in competition with physical sports!

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

1	2	8	
2	3	8	6
5	6	9	
9	2	7	
7			1
		4	2
		5	1
5		1	7
4		6	5



## STAND UP FOR JESUS

Our Lord Jesus Christ demonstrated His unparalleled love to us by giving His life as a ransom. To reciprocate His love we need to stand for what He loves and against what He hates even in the face of persecution because "the one who stands firm to the end will be saved". (Matthew 24:13 NIV)

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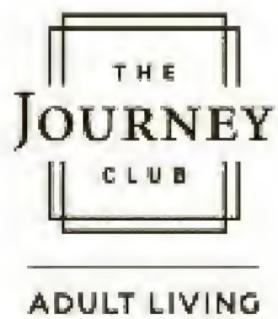
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